

OCT 24 - JULY 25

# B M A

OFFICIAL MAGAZINE OF IMA [ BAREILLY BRANCH ]



**SAFEGUARDING THE MEDICAL PROFESSION:  
LAWS, ETHICS & CONTEMPORARY CHALLENGES**

# EXPLORE BIMA



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**OCT 24 - JULY 25**



# BIMA COMMITTEE

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## MESSAGE

**DR. R. K. SINGH**

President IMA, Bareilly



Dear Esteemed Members, It is with immense pride and gratitude that I present to you this very special and knowledge-rich edition of BIMA, the official magazine of IMA Bareilly.

This edition brings to the forefront several vital and practical topics, including detailed insights into **CMO registration** and important guidelines regarding **Fire NOC** compliance—both of which are crucial for all practicing doctors and healthcare institutions. Additionally, the magazine is enriched with thought-provoking articles and updates on the latest achievements and advancements in the medical field, which I am certain will be valuable to all readers.

I extend my heartfelt appreciation to the **BIMA Committee Chairman Dr. Raj Kumari Mittal and Editor Dr. Pulkit Agarwal** for their tireless efforts, creativity, and commitment in curating such a remarkable issue. Their leadership and editorial vision have truly elevated this edition.

My sincere thanks also go to all the contributors who have shared their knowledge, time, and expertise so generously. Your contributions have made this publication not only informative but also inspiring.

Lastly, a special note of gratitude to the entire team of the **Indian Medical Association, Bareilly**, whose dedication and hard work have been instrumental in turning this edition into a reality.

Let us continue to work together, learn together, and grow together for the betterment of the medical fraternity and society.





## MESSAGE

### DR. RAJEEV K GOLE

IMM. PAST PRESIDENT, IMA, Bareilly



At the outset, I extend my heartfelt congratulations to **Dr. R. K. Singh, President of IMA Bareilly, and his entire team** for their commendable efforts and dynamic leadership. I am confident that under their guidance, our association will continue to achieve new milestones and serve the medical fraternity with dedication and vision. It also gives me great pleasure to share my greetings through this very special and knowledge-rich edition of BIMA, the official magazine of IMA Bareilly.

This issue covers highly relevant topics such as **CMO registration and Fire NOC guidelines**, along with a wide range of insightful articles highlighting the latest achievements in the medical field. I am certain that these contributions will prove valuable for all our members.

My sincere thanks go to the **BIMA Committee Chairman Dr. Raj Kumari Mittal and Editor Dr. Pulkit Agarwal** for their tireless efforts in curating such a remarkable edition. I also deeply appreciate all contributors for sharing their knowledge, talent, and insights.

I fondly recall that during my tenure, we launched two editions of BIMA, introducing digital QR codes for the first time, making the magazine more accessible and innovative. It is indeed heartening to see the tradition of excellence being carried forward with even greater zeal.

A special note of gratitude to the IMA Bareilly team, whose hard work and commitment have been instrumental in bringing this edition to life. May BIMA continue to inspire, inform, and strengthen our bond as we work together for the progress of the medical profession and society.





## MESSAGE

### DR. RATAN PAL SINGH

Secretary IMA, Bareilly



It is a matter of great pride and delight to share with you this **enlightening edition of BIMA**, the official magazine of IMA Bareilly. This issue has been thoughtfully designed to provide our fraternity with **practical and insightful guidance** on crucial topics such as CMO Registration, Fire NOC compliance, and a valuable article on Nagar Nigam tax-related matters. In addition, it features a wide range of articles highlighting new horizons and achievements in the medical field, making this edition both informative and inspiring.

I take this opportunity to extend my warmest **congratulations to Dr. R. K. Singh, President of IMA Bareilly, and the entire BIMA Committee** for their vision and unwavering commitment, which have resulted in such an exceptional publication.

**My heartfelt gratitude goes to the BIMA Committee Chairman, Dr. Raj Kumari Mittal, and Editor, Dr. Pulkit Agarwal**, whose tireless efforts, dedication, and eye for detail have given this edition its remarkable shape. I also deeply appreciate the efforts of all contributors who have enriched these pages with their knowledge, insights, and creativity.

A special word of thanks is due to the Indian Medical Association, Bareilly team, whose hard work, dedication, and collective spirit have been the backbone of this successful endeavor.

I am confident that BIMA will continue to serve as a **beacon of knowledge, unity, and inspiration**, guiding us in our mission to strengthen the medical fraternity and serve society with excellence.





## MESSAGE

### DR. SHIVAM KAMTHAN

Treasurer IMA, Bareilly



It gives me immense joy to connect with you all through this knowledge-rich edition of BIMA, the official magazine of IMA Bareilly. This issue carries crucial updates on CMO Registration, Fire NOC guidelines, and several insightful articles on recent medical achievements, making it a valuable source of information and guidance for our fraternity.

I extend my warmest congratulations to **Dr. R. K. Singh, President of IMA Bareilly, and the entire BIMA Committee**, for their dedication and commitment in bringing out such an excellent publication.

Special appreciation goes to the **BIMA Committee Chairman, Dr. Raj Kumari Mittal, and Editor, Dr. Pulkit Agarwal**, whose tireless efforts and vision have given this edition its remarkable depth and quality. I also express gratitude to all the contributors who have shared their wisdom and creativity to make this issue truly enriching.

I am humbled to share that in this edition, **I have also contributed an article on “Declaration of Death in India: A Comprehensive Legal and Administrative Framework,”** which aims to provide clarity on this sensitive yet important subject. I sincerely hope it will serve as a useful reference for our fellow colleagues.

A very special thanks to the IMA Bareilly team, whose continuous dedication and hard work remain the foundation of every success we celebrate.

**May BIMA continue to inspire, educate, and strengthen our fraternity as we work together for the betterment of healthcare and society.**





## MESSAGE

### DR. RAJKUMARI MITTAL

Chairman, BIMA Committee



It is a privilege to present this edition of BIMA, enriched with important insights on CMO Registration, Fire NOC, and Nagar Nigam tax matters, along with inspiring articles on the latest medical advancements.

I sincerely thank **Dr. R. K. Singh, President IMA Bareilly**, for his constant support, and my heartfelt appreciation to **Editor Dr. Pulkit Agarwal** and all contributors for their dedication and creativity in making this issue possible. **BIMA is truly the voice of IMA Bareilly, and I am confident it will continue to inform, inspire, and unite us all.**



### DR. PULKIT AGARWAL

Editor, BIMA Committee

It is my pleasure to present this edition of BIMA, packed with practical knowledge and updates for our fraternity. This issue highlights CMO Registration procedures, Fire NOC compliance, and Nagar Nigam tax matters, along with articles on recent medical advancements and legal insights.

I thank Dr. R. K. Singh and Dr. Raj Kumari Mittal for their guidance, and all contributors for sharing their expertise. I hope this edition serves as a useful reference and source of inspiration for all members.



**National Voluntary Blood Donation Day**  
**Tuesday, 1st October 2024**



On 1st October 2024, National Voluntary Blood Donation Day was observed by IMA Bareilly at RSG IMA Blood Centre, IMA Bhawan Bareilly. **The Chief Guest of this program was CMO Bareilly Dr. Vishram Singh Ji.**

The day started with a blood donation camp at RSG IMA Blood Centre in the morning. Total 160 units of blood were collected in this camp. To motivate the donors, a Selfie point was arranged where donors can capture their photos. In this camp along with blood donation, blood donors were also made aware of information regarding great donations like blood donation by Chief Director Dr. Anju Uppal and every donor invited to join the Felicitation Ceremony of blood donors to be organize at evening.

Report compiled by: **Dr. Ratan Pal Singh**

**Felicitation Ceremony for Voluntary Blood Donors & Blood Donation Camp Organizers**  
**Tuesday, 1st October 2024**



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Report compiled by: **Dr. Ratan Pal Singh**



## Adolescent Health Fair Friday, 14th November 2024



On the occasion of Children's Day, IMA Bareilly in association with Bareilly Obstetrics and Gynecology Society organized an Adolescent Health Fair titled "Healthy Life Strong Future" at Brahma Devi Inter College, Mirganj, Bareilly. This health fair was dedicated to promoting adolescent wellness, empowering adolescent girls with essential menstrual health and hygiene awareness.

The fair was started with inauguration by Chief Guest Honourable MLA Mirganj Dr. D.C. Verma. The girls presented a welcome song and performed a street play on cervical cancer. Dr. D.C. Verma appreciated the fair for equipping young girls for a healthy future, emphasizing on early health education and the long term benefits of cervical cancer vaccination and prevention.

President IMA Bareilly Dr. R.K. Singh told that adolescent health is the foundation of a healthy society and it is our duty to equip our youth with the knowledge and resources needed to make informed decisions about their health. This fair is a step towards building a future where our young girls are empowered, educated and confident in managing their health.

President Bareilly Obstetrics and Gynecology Society Dr. Mridula Sharma emphasized the importance of addressing often overlooked topics such as menstrual health and cervical cancer prevention and told menstrual health and hygiene are essential aspects of overall adolescent health, yet they are often ignored due to lack of awareness. By addressing these topics openly, we hope to instill the confidence in young girls to manage their health without shame or fear.

During this health fair about to 260 girls were presented and equipped with a variety of activities for adolescent health awareness and support. About to 200 girls were tested for hemoglobin and provided important health assessment, iron and calcium supplements distributed to ensure nutritional support, an informative quiz competition was organized, to encourage creative expression a poster competition on health related topics were organized. At the end of the fair all the girls were awarded by chief guest.

Report compiled by: **Dr. Ratan Pal Singh**





## Training Program on Fire Safety Saturday, 22nd November 2024



On 22nd November 2024, IMA Bareilly in association with Bareilly Administration, a Training Program on Fire Safety for hospital, nursing home and clinic staff was organized at Parade Ground, Police Line, Bareilly.

Report compiled by: **Dr. Ratan Pal Singh**

## Free Thalassemia Checkup Camp For Children Sunday, 8th December 2024



In the series of community service activities, to provide essential healthcare services to thalassemic children, IMA Bareilly organized a Free Thalassemia Checkup Camp for Children on 8th December 2024 at IMA Bhawan, Bareilly. The main aim of this camp was to provide comprehensive checkup and consultation by renowned experts.

Dr. Anju Seth, Director Professor & Head of Pediatric Department, Dr. Milind Shinde, Senior Resident, Department of Pediatrics, Dr. Chitrakashi Tewari, PG Resident Department of Pediatrics, Dr. Piali Mandal, Professor Division of Hemato Oncology and Dr. Preeti Singh, Professor Pediatrics from Lady Hardinge Medical College & Kalawati Saran Children's Hospital, New Delhi were the experts in this camp who provided free thalassemia checkup and consultancy to the children. Their expertise in this field ensured that children received top level testing and advice.

President IMA Bareilly Dr. R.K. Singh said that our aim is not only to diagnose and treat thalassemia effectively but also explore potential cures such as bone marrow transplantation. Recognizing the need for special care for the affected children, IMA Bareilly helped many families by organizing this camp. Dr. Anju Seth suggested to must get thalassemia tested before marriage so that our future children do not suffer from thalassemia. The camp was conducted by Dr. J. Sardana and around 120 children were provided free thalassemia checkup and consultancy in this camp.

Report compiled by: **Dr. Ratan Pal Singh**





**Senior Citizen's Day**  
**Sunday, 8th December 2024**



On 8th December 2025, Senior Citizen's Day was observed by IMA Bareilly at auditorium, IMA Bhawan Bareilly. On this occasion senior members of the Association and social dignitaries were honoured in a very special way. President Dr. R.K. Singh and Secretary Dr. Ratan Pal Singh welcome all the dignitaries and guests on the dais.

Among the senior members Dr. I.S. Tomar, Dr. Satnam Singh Chhabara, Dr. Anju Agarwal, Dr. Prem Kumar was honoured and among the social dignitaries Dr. Ram Autar Ahuja, Mrs. Sharda Bhargav, Prof. Waseem Barelvi and Ex Finance Minister UP Government Shri Rajesh Agarwal was honoured by Chief Guest Honorable Member of Parliament Shri Chhatrapal Gangwar, Guest of Honour President IMAUP State Dr. P.K. Agarwal and Special Guest Honorable MLA, Bithrichainpur Dr. Raghvendra Sharma.

After that the blessings were given by dignitaries on the dais token of love and affection from IMA Bareilly was presented to Chief Guest, Guest of Honor and Special Guest. Vote of thanks was given by Dr. Shalini Maheshwari and program was followed by dinner.



Report compiled by: **Dr. Ratan Pal Singh**





## Workshop on Basic National Resuscitation Thursday, 12th December 2024

On 12th December 2024, IMA Bareilly in association with Association of Pediatrics (IAP) organized a Workshop on Basic Neonatal Resuscitation Program for nursing students. Secretary Dr. Ratan Pal Singh introduced the resources persons to the students.

The resource person of this workshop were Dr. G.S. Khanduja (MBBS, DCH), Dr. Atul Kumar Agarwal (MBBS, MD, FIAP), Dr. Atul Kumar Kumar Shrivastava (MBBS, MD), Dr. Arif Hussain and Dr. Shivani. The workshop was attended by 40 students.

Their talks were followed by a question answer session. It turned out to be very interesting and interactive session. The vote of thanks was given by PRO IMA Bareilly Dr. Shalini Maheshwari and program was followed by high tea.

Report compiled by: **Dr. Ratan Pal Singh**

## Flowering & Plantation Drive Wednesday, 1st January 2025



To make the Flower Week scheme of Bareilly Development Authority a success, on 1st January 2025, IMA Bareilly planted about 100 flower plants on the divider in the middle of the road from Chowki Chauraha to Gandhi Udyan. The program was inaugurated by Chief Guest Shri Manikkadan A. (IAS), Vice Chairman, Bareilly Development Authority and special Guest Shri Yogendra Kumar (PCS), Secretary, BDA Bareilly.

Chief Guest Shri Manikkadan A. (IAS) said that the Flower Week Scheme is an important initiative towards making Bareilly clean and beautiful and this contribution of IMA Bareilly will not only promote environmental protection, but will also increase the greenery and attractiveness of the city. President of IMA Bareilly Dr. RK Singh said that IMA Bareilly is always ready for community development and our each effort in the field of environment reflects our responsibility towards the society.

Report compiled by: **Dr. Ratan Pal Singh**





## Chair-Table Donation Wednesday, 1st January 2025



In the series of community service activities, on 1st January 2025 IMA Bareilly took another important step and distributed chairs and tables to 60 children free of cost to the students for studying in the classroom at Saraswati Shishu Mandir, Vikram Nagar (Inayat Ganj Bajariya), Bareilly.

The Principal of the school, Mr. Lal Bihari Sharma thanked IMA Bareilly and called it a commendable contribution in the field of education. On this occasion Chairman IMA Community Service Committee Dr. Vinod Pagrani that it is our responsibility to provide a conducive environment for education to the children. This donation of chairs and tables is an important effort towards fulfilling our community service objectives.

President, IMA Bareilly Dr. RK Singh said that IMA Bareilly is always ready for community development and our each effort in the field of education reflects our responsibility towards the society.

Report compiled by: **Dr. Ratan Pal Singh**

## Inclusion of Female Doctor at IMA Charitable Clinic Saturday, 26th February 2025



On 26th February 2025, IMA Bareilly and Bareilly Obstetric and Gynecological Society jointly launched the “Free Safe Motherhood Counseling Clinic for Women” at IMA Charitable Clinic, IMA Bhawan, Bareilly. This noble initiative aims to promote women's welfare and safe motherhood by providing free and accessible medical consultation to needy women.

This health facility was inaugurated by Chief Guest Honourable Forest and Environment Minister UP Government Dr. Arun Kumar Ji and Special Guest Chief Medical Officer Bareilly, Dr. Vishram Singh Ji.

This facility has been set up in collaboration with Bareilly Obstetric and Gynecological Society, under which its



members will operate a High-Risk Pregnancy Unit under the 'Surakshit Matritva Abhiyan'. This campaign is a part of the visionary initiative of Hon'ble Prime Minister Shri Narendra Modi Ji and Hon'ble Chief Minister Yogi Adityanath Ji, which aims to improve maternal and child health, reduce risks associated with pregnancy and provide better care to pregnant women.

This service will be available on 1st, 9th, 16th and 24th of every month at IMA Charitable Clinic, IMA Bhawan, Bareilly from 09:00 am to 11:00 am. The program was followed by high tea.

Report compiled by: **Dr. Ratan Pal Singh**

### Inauguration of Flower Week Saturday, 26th February 2025



Under the Flower Week Scheme being run by Bareilly Vikas Pradhikaran with the objective of making the city clean and beautiful, IMA Bareilly decorated Gandhi Udyan Chauraha with flowers. Under this campaign, about 100 flower plants were planted at Gandhi Udyan Chauraha today.

Under the Flower Week Scheme, work is being done to make 29 major crossings of Bareilly city green and attractive, in which various social and professional organizations have been entrusted with the responsibility of this work. IMA Bareilly has taken the responsibility of beautifying Gandhi Udyan Chauraha.

On this occasion President IMA Bareilly Dr. R.K. Singh, Secretary Dr. Ratan Pal Singh, Treasurer Dr. Shivam Kamthan, First Lady of IMA Bareilly Dr. Anuja Singh, Chairman Building Committee Dr. Rajeev Kumar Goel, Chairman Community Service Dr. Vinod Pagrani, Ex President IMA UP State Dr. Ravi Mehra, President Bareilly Obstetrics and Gynecology Society Dr. Mridula Sharma, PRO IMA Bareilly Dr. Shalini Maheshwari, Dr. Neera Agarwal, Dr. Sandhya Gangwar, Dr. Komal Kakkar, Dr. Gayatri Singh, Dr. Pragati Agarwal, Dr. Ruchi Shrivastava, Dr. Parul Saxena and many other members were present. The program was followed by high tea.

Report compiled by: **Dr. Ratan Pal Singh**

## Tribute to Pahalgam Attack Victims 23rd April 2025



On 23rd April 2025, under the aegis of the Indian Medical Association (IMA), Bareilly, a solemn and dignified program was organized to pay homage to the innocent victims who lost their lives in the tragic Pahalgam attack. On this occasion, a large number of doctors marked their presence, expressed heartfelt condolences to the bereaved families, and demonstrated solidarity with them.

The program commenced with a tribute ceremony, in which floral offerings were made in memory of the departed souls. Thereafter, all attendees observed two minutes of silence to honor the victims and prayed for peace for their souls as well as strength for their families. On this occasion, senior doctors expressed their views, emphasizing that such tragic incidents remind us of the importance of compassion, unity, and social responsibility.

Subsequently, a Candle March was organized, wherein doctors of IMA Bareilly participated with dignity. With glowing candles in their hands, the doctors marched together, symbolizing peace, remembrance, and solidarity with the victim families. The march created an emotional and moving atmosphere, leaving all present with a strong message of resilience and hope.

The program concluded with a collective pledge to uphold humanity, compassion, and social harmony. The active and sensitive participation of the medical fraternity made this tribute program even more meaningful and impactful.

Report compiled by: **Dr. Ratan Pal Singh**



## Thalassemia Checkup Camp Sunday, 18th May 2025



On the occasion of International Thalassemia Day 2025, Indian Medical Association (IMA), Bareilly in collaboration with Thalassemia Society, Bareilly organized a free health check-up camp for children suffering from thalassemia. This camp was organized on Sunday, 18th May 2025 at IMA Bhawan, Bareilly. In this camp 85 children were examined free of cost. The aim of the camp was to provide complete medical examination, expert consultation and essential health services to children suffering from thalassemia.

The presence of eminent specialist doctors of the country like Dr. J. S. Arora, General Secretary, National Thalassemia Welfare Society and Federation of Indian Thalassemics and Dr. Payal Malhotra, Consultant, PHO Department, RGCIRCC in the camp made the program even more effective. These experts examined the children seriously and gave detailed information about treatment and prevention to the family members.

Dr. J. S. Arora said that to prevent thalassemia, it is necessary to get blood tested before marriage. If we get the test done on time, then the next generation can be saved from this serious disease. Also, the level of hemoglobin should be maintained at least 10.2.

IMA Bareilly President Dr. R. K. Singh said that Thalassemia is not treated only with medicines, but through correct information, timely tests and possible treatment like bone marrow transplant. Through this camp, we have tried to reach many needy children and their families.

At the end of the program, all the doctors and organizers along with the children cut the cake on the occasion of International Thalassemia Day and encouraged them and wished them a bright future. The program was followed by lunch.

Report compiled by: **Dr. Ratan Pal Singh**





## Sensitization Meeting for Effective Control on Possible Coming Wave of COVID-19

Monday, 2nd June 2025



A sensitization meeting on possible upcoming Covid-19 wave was held under the chairmanship of District Magistrate Shri Avinash Singh at the DM office.

From IMA Bareilly, Vice-President Dr. D.P. Gangwar, Joint Secretary Dr. Ruchin Agarwal, and PRO Dr. Shalini Maheshwari attended. Dr. D. P. Gangwar suggested providing Corona Testing Kits to private hospitals and resuming vaccination, stressing “prevention is better than cure”. Dr. Ruchin Agarwal shared about children’s symptoms, while Dr. Maheshwari assured ICU and oxygen readiness in private hospitals.

CMO Dr. Visharam Singh and ACMO Dr. Layeeq Ahmad urged hospitals to stay prepared. The DM appreciated the preparedness of private hospitals.

Report compiled by: **Dr. Ratan Pal Singh**

## World Blood Donor Day

14th June 2025



On the occasion of World Blood Donation Day, a voluntary blood donation camp was organized by IMA Bareilly at RSG IMA Blood Centre, IMABhawan, Bareilly.

The camp was inaugurated by Chief Guest CADinesh Goyal, National President, Indian Industries Association and Special Guests CMO Bareilly Dr. Vishram Singh and General Manager Dainik Jagran Dr. Mudit Chaturvedi.

Total 195 units of blood were collected on this day. Like every year, regular blood donors and donors who have donated blood more than 100 times also participated in the camp and continued their inspiring service spirit.

Report compiled by: **Dr. Ratan Pal Singh**



## International Yoga Day 21st June 2025



On the occasion of International Yoga Day, under the joint aegis of IMA Bareilly and Bareilly Obstetric and Gynecological Society, doctors celebrated International Yoga Day at IMA Bhawan, Bareilly at 07:30 AM on 21st June 2025. The main motto of this program was spreading awareness of yoga and its benefits.

In the program, yoga instructor Mrs. Takshila Gupta told everyone about the benefits and correct methods of doing yoga. She emphasized including yoga in our daily routine which provides many health benefits.

Before starting yoga, everyone meditated and chanted Om. During this, everyone did many different yoga asanas, which include Bhadrasana, Ushtrasana, Uttan Shishunasana, Bhujang Asana, Pawan Mukta Asana and Shava Asana. Then in the end Kapalbhathi was also done.

IMA Bareilly President Dr. R.K. Singh said that yoga can be done by people of any age. Yoga can be done comfortably at home, during work or anywhere, it can also be done alone or in a group.

The program was conducted by Secretary Dr. Ratan Pal Singh and followed by high tea.



Report compiled by: **Dr. Ratan Pal Singh**



## National Doctors' Day Tuesday, 1st July 2025



On 1st July 2025, IMA Bareilly celebrated National Doctor's Day in memory of Bharat Ratna Dr. Bidhan Chandra Roy. The event honored senior doctors, meritorious students, and citizens for their outstanding contributions.

The program was graced by Chief Guest Mr. Ramit Sharma (ADG, Zone Bareilly), along with MLA Dr. Raghavendra Sharma and CMO Dr. Vishram Singh. Under the leadership of President Dr. R.K. Singh, Secretary Dr. Ratan Pal Singh, Treasurer Dr. Shivam Kamthan, Program Chairman Dr. Ravish Agarwal, and Community Chairman Dr. Vinod Pagrani, a total of 21 doctors of the 1982 batch were felicitated with mementos and shawls, including:

Dr. Vinay Kumar Agarwal, Dr. Anurag Mittal, Dr. Rajkumari Mittal, Dr. Mridula Sharma, Dr. Ravindra Kumar Bhaskar, Dr. Amit Agarwal, Dr. Suresh Kumar Kaushik, Dr. Deepa Tandon, Dr. Rajiv Ranjan, Dr. Om Prakash Singh, Dr. Namita Agarwal, Dr. Sadhana Agarwal, Dr. Satyendra Singh, Dr. Kuldeep Gangwar, Dr. Kaushal Kumar, Dr. Neeraj Kumar Agarwal, Dr. Vagish Vaish, Dr. Renu Bala Agarwal, Dr. Alpana Agarwal, Dr. Shagufta Yasmin and Dr. Anand Bhushan Dixit.

In addition, 20 talented children of IMA members who excelled in academics and competitive exams were honored. The event concluded with cultural interactions, camaraderie, and a fellowship dinner, reflecting IMA Bareilly's spirit of service and recognition.



Report compiled by: **Dr. Ratan Pal Singh**





## "Ek Ped Maa Ke Naam" Plantation Drive Wednesday, 9th July 2025



Under the campaign "Ek Ped Maa Ke Naam" launched by CM Yogi Adityanath, the Indian Medical Association, Bareilly organized a tree plantation drive on 9th July 2025 at IMA Lawns, Rajau, near Invertis University. Around 200 saplings of mango, neem, guava and parijat were planted.

President Dr. R.K. Singh called it a priceless gift to nature and motherhood, while Secretary Dr. Ratan Pal Singh pledged IMA's continued commitment to green initiatives. Many members, including Dr. Shivam Kamthan, Dr. Atul Srivastava, Dr. Vinod Pagrani, Dr. Rajeev Goel, Dr. Shalini Maheshwari and others, actively participated and vowed to protect the saplings.

This effort marked IMA Bareilly's strong support for the statewide 50 crore plantation campaign.

Report compiled by: **Dr. Ratan Pal Singh**

## Free Health Checkup Camp Sunday, 13th July 2025



On 13th July 2025, IMA Bareilly, in association with Gangasheel Hospital, organized a free health check-up and consultation camp at Village Pastor, Thana C.B. Ganj, Bareilly. The camp aimed to provide essential medical services and free medicines to children, women, and men of the rural community.

IMA President Dr. R.K. Singh, Community Service Chairman Dr. Vinod Pagrani, PRO Dr. Shalini Maheshwari, along with Dr. Prem Mohan Jha and Dr. Rahul Singh, offered medical advice and services. **Under IMA's project "Aao Gaon Chalen", the village has been adopted, and initiatives like school programs and water supply improvement have also been carried out.** Gangasheel Hospital extended strong support, with a dedicated team led by Dr. Shalini Maheshwari actively serving villagers. Around 70 people benefitted, receiving services like ECG, BP check-ups, and eye-ear-nose consultations.

Report compiled by: **Dr. Ratan Pal Singh**





### Dandiya Night

Sunday, 6th October 2024



On the occasion of Navratri IMA Bareilly organized Dandiya Night at IMA Farms, Dohra Road, Bareilly on 6th October 2024. The program was started with worship of Goddess Durga Mata by President Dr. R.K. Singh, First lady of IMA Dr. Anuja Singh, Secretary Dr. Ratan Pal Singh, Dr. Sandhya Gangwar, Treasurer Dr. Shivam Kamthan, Chairman Program Committee Dr. Ravish Agarwal, Chairman Cultural Committee Dr. Satyendra Singh.

After that member presented dandiya dance in their groups. Zumba group gave a wonderful performance of Garba dance and Jai Ambe Gorup won the Best Dance prize. Secretary Dr. Ratan Pal Singh, Treasurer Dr. Shivam Kamthan, Chairman Program Committee Dr. Ravish Agarwal, Chairman Cultural Committee Dr. Satyendra Singh and Dr. M.D. Chhabaria played an important role in conducting the program.

Special recognition goes to Dr. Anuja Singh, Dr. Sandhya Gangwar, Dr. Shalini Maheshwari, Dr. Sonik Baijal, Dr. Parul Priya and Dr. Parul Saxena for their efforts in organizing the amazing dances and managing the event seamlessly.

The Honourable Guests of this program were Honourable MLA Bareilly Dr. Arun Kumar Saxena, Honourable MLA Bithrichainpur Dr. Raghvendra Sharma, Honourable Mayor Bareilly Dr. Umesh Gautam, Honourable Chairperson Pilibhit Nagar Palika Dr. Astha Agarwal and Honourable MLA Tilhar Mrs. Salona Kushwaha.

The program was ended with non-stop music, masti, delicious veg. dinner, Vrat food and dance on DJ till late night.



Report compiled by: **Dr. Ratan Pal Singh**

**Diwali Utsav**

**Wednesday, 30th October 2024**



On the evening of 30th October 2024, the Indian Medical Association (IMA) Bareilly organized a vibrant Diwali celebration at the IMA Bhawan, Bareilly, commemorating the festival of lights and the divine journey of Lord Ram. The event began at 8:00 PM, bringing together members, their families, and guests for a night filled with cultural festivities, unity, and joyous celebration, creating an unforgettable experience for all present. IMA Bareilly President Dr. R. K. Singh inaugurated the program with a Laxmi-Ganesh Puja.

The Diwali celebration featured captivating cultural performances, music, dance, and a sumptuous feast, highlighting the richness and diversity of Indian traditions. Key attractions included a mesmerizing Ramleela performed by IMA members, Ayodhya-themed decorations that transported guests to the sacred city, an engaging fancy dress competition, and an exciting lucky draw that kept the energy alive throughout the evening.

The IMA premises were beautifully illuminated with traditional diyas, perfectly complementing the Ayodhya theme and setting the ideal backdrop for the evening's celebrations.

The grand Diwali celebration reflected the warmth and togetherness that the festival brings, leaving attendees with cherished memories and the joy of celebration that will be remembered for years to come.



Report compiled by: **Dr. Ratan Pal Singh**

**Participation in Cultural Program “IMACON-2024” at Ghaziabad  
(89th Annual Conference of IMA UP State)**

**30th November 2024**



On the occasion of 89th Annual Conference of IMA UP State on 30th November 2024 at Ghaziabad, Zumba Team of IMA Bareilly participated in the cultural event organized by IMA UP State and performed Zumba Dance with the theme of “Dance to Fit”.

Report compiled by: **Dr. Ratan Pal Singh**

### IMA New Year Eve Wednesday, 1st January 2025



On 1st January 2025, IMA Bareilly ushered in the New Year in grand cinematic style at IMA Farms, Dohra Road, Bareilly. The farms courtyard was fully decorated in a dazzling Bollywood-themed film set with vibrant lights, bold patterns, retro film posters, and a dedicated ramp styled like a movie premiere runway. Members dressed as iconic actors and actresses from the 1970s, '80s, and '90s, striding confidently down the ramp with their partners on disco songs.

The evening's proceedings began with warm welcoming remarks by President Dr. R.K. Singh, Secretary Dr. Ratan Pal Singh, Treasurer Dr. Shivam Kamthan, and Program Committee Chairman Dr. Ravish Agarwal. Together, they greeted members and invited guests, extending heartfelt best wishes for a happy and prosperous New Year.

As the Jam Junction Band from Mumbai struck up lively Bollywood and disco beats, the mood instantly ignited. Member couples captivated the audience with choreographed ramp-walk dances to classic disco hits, fusing theatrical flair with melodic nostalgia. A series of exciting lucky draws punctuated the night—winners received cheerful applause and commemorative awards. The excitement extended to the little ones, who joyfully danced and laughed in a special children's corner. The dance floor became a radiant mosaic of families celebrating unity, joy, and the promise of 2025.

The celebration concluded with a glittering group performance, colorful confetti cannons, glowing sparklers, and heartfelt cheers as the clock struck midnight. The event not only celebrated the start of a new year but also reinforced the sense of community, camaraderie, and creative spirit that defines IMA Bareilly.



Report compiled by: **Dr. Ratan Pal Singh**



**Republic Day Celebration  
Sunday, 26th January 2025**



On the occasion of 76th Republic Day, on 26th January 2025, IMA Bareilly organized a grand flag hoisting ceremony at IMA Bhawan, Bareilly and members participated enthusiastically in the program.

The flag hoisting ceremony was inaugurated by IMA Bareilly President Dr. R. K. Singh by hoisting the tricolor. The entire campus was immersed in the color of patriotism with the national anthem. On this occasion, IMA members expressed their views and recalled their duties towards the country.

President Dr. R. K. Singh said that Republic Day symbolizes the amazing power of our Constitution and democracy. As doctors, our duty is not only to serve the patients but also to contribute in building a healthy and empowered India. IMA Bareilly will always be ready for the welfare of the society and the rights of doctors. The program was followed by high tea.

Report compiled by: **Dr. Ratan Pal Singh**

**Inauguration of Hall of Fame  
Thursday, 6th February 2025**



To show the dedication and service spirit of our seniors and dedicated members as President of IMA Bareilly, a photo gallery of past presidents is maintained in the side lobby of CH-3 at IMA Bhawan, Bareilly. The photo gallery has been named "Hall of Fame" and inaugurated by Ex Mayor Bareilly and Patron IMA Bareilly Dr. I.S. Tomar.

Dr. I.S. Tomar appreciated the efforts of current team for this excellent idea and said that our Past Presidents are the landmark and motivation for coming office bearers. He praised his good wishes to the members. The program was followed by high tea.

Report compiled by: **Dr. Ratan Pal Singh**



**Bhoomi Poojan for New Cafeteria**  
**Sunday, 26th January 2025**



On Saturday, 26 February 2025, a Bhoomi Pujan ceremony was conducted to inaugurate the construction of new cafeteria at IMA Bhawan, Bareilly. The Poojan started with chanting of mantras by Pandit ji in which President IMA Bareilly Dr. R.K. Singh, Secretary Dr. Ratan Pal Singh, Treasurer Dr. Shivam Kamthan, Chairman Building Committee Dr. Rajeev Kumar Goel, Chairman Community Service Committee Dr. Vinod Pagrani, Ex. President IMA UP State Dr. Ravi Mehra, PRO IMA Bareilly Dr. Shalini Maheshwari Chief Director IMA RSG Blood Centre Dr. Anju Uppal, Dr. Girish Chandra Agarwal, Dr. Atul Kumar Agarwal, Dr. Latika Agarwal, Dr. Parul Saxena, Dr. M.M. Agarwal, Dr. Dharmendra Nath, Dr. Ritu Rajeev, Dr. Sandhya Gangwar, Dr. R.K. Bhasker, Dr. V.K. Dhasman, Dr. S.L. Bhasin, Dr. Anmol Agarwal, Dr. Mridula Sharma, Dr. Harmeet Puri, Dr. Anita Nath, Dr. Neera Agarwal and other members offered sacrifices to the eastern Gods and Goddesses for success of this construction. First brick of this new construction was placed by President IMA Bareilly Dr. R.K. Singh.

Honourable Forest and Environment Minister UP Government Dr. Arun Kumar was the Chief Guest of this program. He congratulates all the members for this new construction and says good wishes for the future.

Report compiled by: **Dr. Ratan Pal Singh**

**Holi Utsav**

**13th & 14th March 2025**



This year Holi Utsav was celebrated with full joy and enthusiasm in a new style with two days programs on 13th and 14th March 2025 at IMA Bhawan Bareilly.

The beautiful tableau of Shri Radha Krishna, Matki fod completion and Rain dance with special thandai became the centre of attraction in this two days function.

On 13th March the function started at 08:30 PM with Holika Poojan by and hundreds of members and their families attended the function. Members applied colors on each other and wished holi. The beautiful tableau & dance of Shri Radha-Krishna and the Gopies captivated everyone. After this, a Matki fod competition was organized, in which the

youth participated enthusiastically. The holi Milan program filling the atmosphere with even more energy, in which all the members together gave the message of the victory of good over evil.

## SOCIAL EVENTS



On 14th March rain dance was organised amidst the rain of colours at 10:00 AM at IMA Bhawan, Bareilly. All the members and their families danced to the tunes of DJ. Along with this, Holi special music and dance made the atmosphere more colourful. Everyone enjoyed special thandai, unlimited delicious food and snacks in the program.

Amidst colourful gaiety, President Dr. R.K. Singh extended his heartfelt greetings of Holi to all and said that Holi is not just a festival of colours it is a celebration of unity, love and the victory of good over evil. Secretary Dr. Ratan Pal Singh said that such events strengthen the sense of mutual cooperation and friendship among the members.

The atmosphere of the event was full of enthusiasm as IMA Bareilly started the celebration with music and traditional Holi delicacies.

Report compiled by: **Dr. Ratan Pal Singh**

## Cycle rally

Sunday, 16th March 2025



On 16th March 2025, a grand cycle rally was organized by the IMA Bareilly under the 'Fit India' campaign of the Government of India. The aim of this rally was to promote health, fitness and awareness. About 60 IMA members actively participated in the rally and gave the message of adopting a healthy lifestyle.

On this occasion, the Chief Guest S.S.P. Traffic Mr. Mohammad Akmal Khan flagged off the rally. Under his guidance, traffic arrangements and safety of the participants were ensured. The rally started at 06:00 am from IMA Bhawan, Bareilly, which passed through Chowki Chauraha, Patel Chowk, Bareilly College, Shyamatganj Chauraha, Vikas Bhawan, Gandhi Udyan and ended at Sai Stadium, Bareilly. The participants participated in the rally with full enthusiasm and zeal.

At the end of the rally, President IMA Bareilly Dr. R.K. Singh gave message to the city dwellers to stay fit and congratulated all the members. He said that for a healthy lifestyle, getting up early in the morning and cycling regularly is very beneficial. It not only keeps the body fit, but also provides mental freshness.

Report compiled by: **Dr. Ratan Pal Singh**



**Bhartiya Nav Varsh**  
**6th April 2025**



दिनांक 6 अप्रैल 2025 को इंडियन मेडिकल एसोसिएशन, बरेली द्वारा आई.एम.ए. भवन, बरेली में भारतीय नव वर्ष का स्वागत बड़े ही हर्षोल्लास एवं भव्य सांस्कृतिक कार्यक्रम के साथ किया गया।

कार्यक्रम का शुभारम्भ मंगलमयी गणेश वंदना एवं सरस्वती वंदना से हुआ। इसके पश्चात् मंच पर एक से बढ़कर एक प्रस्तुतियाँ दी गईं जिनमें नव वर्ष गीत, महिषासुर मर्दिनी स्तुति, शंख वादन प्रतियोगिता, श्रीराम स्तुति, दोहे, चौपाई, श्लोक, शिव स्तुति तथा विभिन्न देवी-देवताओं की झांकियाँ शामिल रहीं। पूरे आयोजन में भारतीय संस्कृति और सनातन परम्पराओं की अद्भुत झलक देखने को मिली।

कार्यक्रम में मुख्य अतिथि के रूप में उत्तर प्रदेश सरकार के वन एवं पर्यावरण मंत्री डॉ. अरुण कुमार तथा बरेली के पूर्व महापौर डॉ. आई. एस. तोमर की गरिमामयी उपस्थिति रही। दोनों अतिथियों ने अपने संबोधन में भारतीय संस्कृति और नव वर्ष के आध्यात्मिक तथा सामाजिक महत्व पर प्रकाश डाला और आई.एम.ए. बरेली द्वारा किए जा रहे इस सराहनीय आयोजन की प्रशंसा की।

आई.एम.ए. बरेली के अध्यक्ष डॉ. आर. के. सिंह ने अपने उद्बोधन में भारतीय नव वर्ष के महत्व को रेखांकित करते हुए कहा कि यह हमारी समृद्ध सनातन सांस्कृतिक विरासत का प्रतीक है। उन्होंने इन परम्पराओं को संरक्षित एवं सहेजने की आवश्यकता पर बल दिया। संस्थान के सचिव डॉ. रतन पाल सिंह और कोषाध्यक्ष डॉ. शिवम कम्थान ने भी सभी अतिथियों एवं उपस्थित चिकित्सकों का स्वागत किया और ऐसे आयोजनों को सामाजिक व सांस्कृतिक एकता के लिए आवश्यक बताया। कार्यक्रम का कुशल संचालन डॉ. रुचिन अग्रवाल द्वारा किया गया।

इस अवसर पर आई.एम.ए. बरेली के अनेक वरिष्ठ एवं कनिष्ठ चिकित्सकगण भी उपस्थित रहे और उन्होंने अपनी गरिमामयी उपस्थिति से कार्यक्रम की शोभा बढ़ाई। कार्यक्रम का समापन सभी के सामूहिक वन्दे मातरम् गान से हुआ और अंत में स्वादिष्ट एवं मनमोहक सांस्कृतिक रात्रिभोज ने आयोजन को और भी यादगार बना दिया।

Report compiled by: **Dr. Ratan Pal Singh**

**Ek Samvaad**  
**13th April 2025**

The Parents' Association, in collaboration with the Indian Medical Association (IMA), successfully organized a meaningful seminar titled **"Ek Samvaad" on 13th April 2025**. The program was aimed at fostering better communication and cooperation between schools and parents for the overall development and well-being of children.

The seminar created a platform where parents and educators came together to share perspectives, address challenges, and discuss solutions for the holistic growth of students.

## SOCIAL EVENTS



On the occasion of 76th Republic Day, on 26th January 2025, IMA Bareilly organized a grand flag hoisting ceremony at IMA Bhawan, Bareilly and members participated enthusiastically in the program.

The flag hoisting ceremony was inaugurated by IMA Bareilly President Dr. R. K. Singh by hoisting the tricolor. The entire campus was immersed in the color of patriotism with the national anthem. On this occasion, IMA members expressed their views and recalled their duties towards the country.

President Dr. R. K. Singh said that Republic Day symbolizes the amazing power of our Constitution and democracy. As doctors, our duty is not only to serve the patients but also to contribute in building a healthy and empowered India. IMA Bareilly will always be ready for the welfare of the society and the rights of doctors. The program was followed by high tea.

Report compiled by: **Dr. Ratan Pal Singh**

## Inauguration of Renovated Swimming Pool

15th April 2025



On 15th April 2025, the renovated swimming pool of the Indian Medical Association (IMA), Bareilly, was inaugurated in a graceful ceremony. The event was conducted under the presidentship of Dr. R. K. Singh (President, IMA Bareilly), with Dr. Ratan Pal Singh (Secretary) and Dr. Shivam Kamthan (Treasurer), while Dr. Pramendra Maheshwari (Chairman, Sports Committee) played a key role in the arrangements.

The swimming pool was formally inaugurated by eminent dignitaries of IMA UP State, including Dr. Sharad Agarwal, Past President IMA HQ & Patron, IMA UP State, Dr. P. K. Agarwal, President, IMA UP State, Dr. Rajeev Goel, President-Elect, IMA UP State, and Dr. Anand Prakash, IMA UP State. Their presence added immense pride and prestige to the occasion.

The program witnessed enthusiastic participation of several IMA doctors who gathered to celebrate the successful renovation of this important sports facility. The event concluded with a warm fellowship and a delightful dinner, leaving behind cherished memories of camaraderie and togetherness.

Report compiled by: **Dr. Ratan Pal Singh**



### Bal Tanrag

Sunday, 20th April 2025



The Kids' Annual Function was held on 20th April 2025, showcasing a vibrant and colorful variety cultural program. The event witnessed the enthusiastic participation of around 80 children, who mesmerized the audience with their talent, creativity, and confidence.

The program was conducted under the presidentship of Dr. R. K. Singh, with the dedicated support of Dr. Ratan Pal Singh (Secretary), Dr. Shivam Kamthan (Treasurer), and the Chairman of the Cultural Committee, Dr. Satyendra Singh, whose tireless efforts played a significant role in making the event a grand success.

The function was graced by eminent personalities. The Chief Guests were Dr. Arun Kumar, Hon'ble Minister of Forest Department, Government of Uttar Pradesh, and Mrs. Saumya Agarwal (IAS), Commissioner Bareilly. The distinguished Guests of Honour included Dr. Raghvendra Sharma, MLA Bithrichainpur (Bareilly), Dr. Astha Agarwal, Chairman Nagar Palika, Pilibhit, and Mrs. Salona Kushwaha, MLA Tilhar (Shahjahanpur). Their presence and words of encouragement added glory and inspiration to the program.

Themed around "Space, Spacecrafts, and Astronauts", the performances captivated the audience with spectacular costumes, creative storytelling, and energetic presentations. The highlight of the evening was the delightful act by Johnny and Jojo, whose humor and charm left the audience in peals of laughter and smiles.

The event concluded on a joyful note with a delightful dinner, thoughtfully curated and warmly enjoyed by all, where guests, children, and parents shared memorable moments together. The evening was truly unforgettable, celebrating the spirit of childhood, imagination, and unity.

Report compiled by: **Dr. Ratan Pal Singh**





### Presidential Dinner Sunday, 11th May 2025



Presidential Dinner was organized by First Lady of IMA Bareilly Dr. Anuja Singh and President IMA Bareilly Dr. R.K. Singh at Conventional Centre, Urban Haat, Bareilly on 11th May 2025.

Report compiled by: **Dr. Ratan Pal Singh**

### Bharat Shaurya Tiranga yatra 15th May 2025



A Bharat Tiranga Shaurya Yatra was organized 15th May 2025 at 04:30 PM This Tiranga Yatra started from Shaheed Pankaj Arora Park, Rajendra Nagar, Bareilly and concluded at Swayambar Banquet Hall, Rajender Nagar, Bareilly.

IMA Bareilly welcomed this Bharat Shaurya Tiranga Yatra with flowers and patriotic songs at DD Puram Chauraha, Bareilly. On this occasion IMA Bareilly President Dr. R.K. Singh, Vice-President Dr. D.P. Gangawar, Secretary Dr. Ratan Pal Singh, Dr. Vimal Bhardwaj, Dr. Atul Kumar Shrivastava, Dr. Ankur Bass and many other members were present there.

Report compiled by: **Dr. Ratan Pal Singh**





**Annual Variety Entertainment Program : Crazy Beats**  
**Sunday, 25th May 2025**



On 25th May 2025, IMA Bareilly organized its Annual Variety Entertainment Program by members titled "Crazy Beats" with great enthusiasm in the auditorium of IMA Bareilly. The program started with lighting of lamps and Ganesh Vandana by President IMA Bareilly Dr. R.K. Singh, Secretary Dr. Ratan Pal Singh, Treasurer Dr. Shivam Kamthan, President Elect Dr. Atul Srivastava, Vice President Dr. D.P. Gangwar & Dr. Gaurav Garg and Chairman Cultural Committee Dr. Satyendra Singh.

Thereafter one by one member performed on dance, song, kawwali, drama, duet dance, group dance and instrumental programs and mesmerized everyone. In religious presentations, Shri Ramchandra Kripalu Bhajaman, Mahabharat, in comedy, Khatta-Meetha, Ajab Prem Ki Gajab Kahani, RRR, Music Club's 7 Wonders, in filmy dances, Seniorita, Shadi Se Pehle aur Shadi Ke Baad, Unity in Diversity Group Dance, Desi Swag, Demand Legends, Julie-Juli, Sara Zamana Hasino Ka Deewana, Old is Gold, Lights Camera Action, Rajasthani Flock Dance, Sultana, Hindustan Hamara, and the energetic presentation of the Zumba group keeping health in mind mesmerized the whole audience.

In executive committee's group play, Pahalgam Ek Nayi Pehal left everyone emotional with sad eyes. In this group play both senior and junior members participated with great zeal. In another performance of executive committee, Sports Lovers and Diamond Group performed an enthusiastic group dance.

The chief guest of this event was Honourable Forest and Environment Minister Uttar Pradesh Dr. Arun Kumar Ji. On this occasion District Magistrate Bareilly Shri Avinash Singh Ji (IAS), Chief Medical Officer Bareilly Dr. Vishram Singh Ji and Honorable MLA of Bithrichainpur Dr. Raghavendra Sharma Ji were present as special guests. All the participants were given gifts by the guests.

The chief guest of this event was Honourable Forest and Environment Minister Uttar Pradesh Dr. Arun Kumar Ji. On this occasion District Magistrate Bareilly Shri Avinash Singh Ji (IAS), Chief Medical Officer Bareilly Dr. Vishram Singh Ji and Honorable MLA of Bithrichainpur Dr. Raghavendra Sharma Ji were present as special guests. All the participants were given gifts by the guests.

Report compiled by: **Dr. Ratan Pal Singh**



### Cycle Rally 1st June 2025



To promote health, fitness and well being under Fit India moment of Government of India was organized by IMA Bareilly in association with Major Dhyan Chand Sports Stadium, Cantt. Bareilly on 1st June 2025.

The rally was flagged off by Vice-President IMA Bareilly Dr. D.P. Gangwar. This cycle rally started from Sai Stadium and came back from Virangna Chowk Cantt. Around 80 participants including members of IMA Bareilly and sports persons from Sai Stadium were participated in this rally and aware the general public for health.

Dr. Shashi Kumar of 80 Year old participated in this rally and boosted the morale of other participants by his energy and enthusiasm. He shared that by cycling at morning time he feels much active and strong through the day. Vice-President IMA Bareilly Dr. D. P. Gangwar said that we all have to include cycling in our daily routine to contribute towards our own health and fitness.

Report compiled by: **Dr. Ratan Pal Singh**





## CME on “Interpretation of CBC Basic Approach for Diagnosis of Anemia” and “Asymptomatic Vitamin D Deficiency : Does it Need Treatment”

Saturday, 7th December 2024



A clinical meeting on the topics “Interpretation of CBC Basic Approach for Diagnosis of Anemia” and “Asymptomatic Vitamin D Deficiency : Does it Need Treatment” was organized under the chairmanship of Dr. R.K. Singh on 7th December 2024 at IMA Bhawan, Bareilly.

Chairman Scientific Committee Dr. Sudeep Saran introduced the speakers to the audience. The learned speakers of this evening were Dr. Piali Mandal and Dr. Anju Seth from Lady Hardinge Medical College & Kalawati Saran Children's Hospital, New Delhi.

Their talks were followed by a question answer session. It turned out to be very interesting and interactive session. The vote of thanks was given by Dr. Sudeep Saran and CME was followed by dinner.

Report compiled by: **Dr. Ratan Pal Singh**

## CME on “Rabies Prophylaxis and Management” and “Recent Innovations in Intervention Cardiology”

Thursday, 6th February 2025



A clinical meeting on the topics “Rabies Prophylaxis and Management” and “Recent Innovations in Intervention Cardiology” was organized by IMA Bareilly at IMA Bhawan on 28th December, 2024 under the Presidetsnhip of Dr. R.K. Singh. Chairman Scientific Committee Dr. Sudeep Saran introduced the speakers to the audience. The learned speakers of this evening were Dr. Smita Gupta, Professor & Head, Department of Medicine, SRMS Medical College Bareilly and Dr. Sanjeev Gera, Senior Director & Head-Cardiology, Fortis Hospital, Noida.

Dr. Snajeev Gera (Senior Director & HOD Cardiology, Fortis Hospital Noida) said that recent innovations in interventional cardiology are very significant for prevention of heart attack and heart blockage. Dr. Smita Gupta



(Professor and Head, Department of Medicine, SRMS Medical College, Bareilly) presented his talk regarding rabies prophylaxis and management which is very important in raising awareness about the importance of proactive health care measures. At the end of the discussion, audience members asked questions related to their curiosity which made the clinical meeting very interesting.

Report compiled by: **Dr. Ratan Pal Singh**

## CME on “Treating Diabetes”, “Role of the Pediatrician : Early Recognition, Referral in Pediatrics Brain Tumor” “Approach to Child with Congenital Heart Disease” and “Introduction to Genomics” 31st January 2025



A clinical meeting on the topics “Treating Diabetes”, “Role of the Pediatrician : Early Recognition, Referral in Pediatrics Brain Tumor”, “Approach to Child with Congenital Heart Disease” and “Introduction to Genomics” was organized on 31st January 2025 at IMA Bhawan, Bareilly.

The learned speakers of this event were Dr. Suhail Durani, Dr. Arun Danewa, Dr. Manvinder Singh Sachdev and Dr. Rahul Bhargava from Fortis Memorial Research Institute, Gurugram.

Their talks were followed by a question answer session. It turned out to be very interesting and interactive session. The vote of thanks was given by Dr. Sudeep Saran and CME was followed by dinner.

Report compiled by: **Dr. Ratan Pal Singh**



## Urology Conclave 17th May 2025



A Urology Conclave was organized at IMA Bhawan, Bareilly on 17th May 2025 under the joint aegis of Indian Medical Association (IMA), Bareilly Branch and Bareilly Urology Society. Complex and important topics related to urology were discussed in detail in the conclave, in which the latest information related to identification, investigation, treatment and prevention of urology diseases was shared by experts.

The learned speaker Dr. Sujan Singh shed light on Clinical Features : Diagnosis, Management and Prevention. Dr. Himanshu Agarwal gave information about Surgical Management, while Dr. Rishi Agarwal explained the aspects related to Pathophysiology : Sign and Symptoms.

In this sequence, Dr. Manish Agarwal shared his experience on Investigations and Workup, Dr. Devendra Garg on Medical and Surgical Management, Dr. Mayank Rastogi on Clinical Features & Presentation, Dr. Mahesh Tripathi on Investigations & Workup and Dr. Prempal Singh on various aspects of Urology Management.

During the conclave, an interesting quiz competition on Urology was also organized by President Bareilly Urology Society Dr. Nikunj Goyal, in which audience participated enthusiastically.

While specially praising the conclave, IMA Bareilly President Dr. R.K. Singh said that continuous knowledge enhancement is required in a technical and complex field like Urology. Such programs not only provide updated information to doctors, but practical experiences are also shared through group discussions. We will continue to organize such clinical meetings in future from the platform of IMA.

This conclave proved to be very informative for the doctors, experts and young doctors working in the field of Urology. The program not only provided a proper understanding of the complications related to urology, but also increased awareness among doctors towards timely identification and effective treatment of diseases.

At the end of the conclave, Scientific Chairman Dr. Sudeep Saran expressed his gratitude to everyone and program was followed by dinner. On this occasion, IMA Bareilly President Dr. R.K. Singh, Vice President Dr. D.P. Gangwar & Dr. Gaurav Garg, Secretary Dr. Ratan Pal Singh, Treasurer Dr. Shivam Kamthan, PRO Dr. Shalini Maheshwari, Dr. Ajay Bharti, Dr. Neeraj Agarwal, President Elect Dr. Atul Srivastava etc. were present.

Report compiled by: **Dr. Ratan Pal Singh**







**Auction Ceremony of IMAPL-6  
Sunday, 10th November 2024**



IMA Bareilly is organizing IMAPL Season-6 (Indian Medical Association Premier League Season-6) for their members on 14 and 15 December 2024. Total 28 teams will participate in this Mega Cricket Tournament for doctors.

This cricket tournament will be organized at Gangasheel Sports Stadium, Kamua, Bareilly. On Sunday, 10 November 2024, the auction ceremony of the players for this tournament was organized at IMA Bhawan, Bareilly.

In the ceremony, firstly two teams of children were auctioned, then four teams of women and then two teams of veterans and finally twenty family teams were auctioned. This event was organised a month before the main event so that the participants of the selected teams could practice well

The manager of each family team was present who selected seven male players, one female player and one child player for their. A token amount of Rs 25,000 was fixed for each team manager to buy players in the auction.

On this occasion, IMA Bareilly President Dr. R.K. Singh, Secretary Dr. Ratan Pal Singh, Vice Presidents Dr. D.P. Gangwar and Dr. Gaurav Garg, Treasurer Dr. Shivam Kamthan, Chairman IMAPL-6 Dr. Rajiv Kumar Goyal, Secretary IMAPL-6 Dr. Rajneesh Varshney, Convener IMAPL-6 Dr. Anuja Singh, Dr. V.V. Singh, Dr. Shalini Maheshwari, Dr. R.P. Singh, Dr. Atul Kumar Srivastava etc. were present.

Report compiled by: **Dr. Ratan Pal Singh**





### Participation in UP State Doctors Cricket Tournament 22nd to 24th November 2024



IMA Bareilly Cricket Team participated in UP State Doctors Cricket Tournament at Meerut from 22nd to 24th November 2024.

Report compiled by: **Dr. Ratan Pal Singh**

### Unveiling Ceremony of IMAPL-6 Trophies 12th December 2024



The **Trophy Unveiling Ceremony of IMAPL SEASON-6** was organized on 12th December at Conference Hall-3, IMA Bhawan, Bareilly. President Dr. R.K. Singh welcomed all the brand ambassadors, team owners and captains.

IMA Bareilly Sports Chairman Dr. Pramendra Maheshwari told that this High Voltage Cricket Tournament IMAPL Season-6 will be played at Gangasheel Sports Stadium, Kamua, Bisalpur Road, Bareilly on 14th & 15th December 2025 and IMA members and their families will participate as players in this two-day Premier League.

**Dr. R.K. Singh** said that there will be a total 28 teams including 20 family tem, 4 female teams, 2 veterans' teams and 2 children teams will participate in this tournament. The tournament will be followed by Prize Distribution ceremony for players. The purpose of this cricket tournament, which runs from morning to evening, is to play and stay fit. In the end, Secretary Dr. Ratan Pal Singh thanked all the guests and program was followed y dinner.

Report compiled by: **Dr. Ratan Pal Singh**



### IMA Premier League Season-6 14th & 15th December 2024



The Two-Day Cricket Premier League Season 6 of Indian Medical Association, Bareilly (IMAPL-Season5) was organised on 14th and 15th December 2024 at Gangasheel Cricket Stadium, Bisalpur Road, Kamua, Bareilly. This time total 28 teams including 20 family tem, 4 female teams, 2 veterans' teams and 2 children teams participated in tournament and tournament was inaugurated by Honourable Forest and Environment Minister, Uttar Pradesh Government Dr. Arun Kumar Saxena, Honourable MLA Blthrichainpur Dr. Raghvendra Sharma and Director Gangasheel Group of Hospitals Dr. Naval Kishore Gupta.

14th December 2024, the first day 22 league matches were played between various teams with two centuries scored by Dr. Mahesh Tripathi and Dr. Salil Baldev. On this occasion Zonal Head and General Manager Bank of Baroda Mr. Prateek Agnihotri were there to boost up the moral of players.

15th December 2024, the second day quarter-final, semi-final and final matches were played. In the final match of veterans' category Team Dr. Girish Lever Legends Smash won by Team Dr. Atul Tandon.



In the final match of children category Team Dr. Ashok Mehndiratta Maestros won by team Dr. Ajay Pratima Little Champ. In the final match of female category Team Pratap Hospital won by Team Apex Hospital. In the final match of family category Team Medicity Striker won by Team Rajdeep Warriors.

Chief Guest I.G. Shri Rakesh and CMO Bareilly Dr. Vishram Singh awarded the players by trophies and said that this type of sports activities promotes health, team sprit as well as unity. Veterans, female and children players were awarded by special prizes.

On this occasion President IMA Bareilly Dr. R.K. Singh, Secretary Dr. Ratan Pal Singh, Treasurer Dr. Shivam Kamthan, Vice-President Dr. D.P. Gangwar & Dr. Gaurav Garg, PRO Dr. Shalini Maheshwari, Chairman Sports Committee Dr. Pramendra Maheshwari, Secretary Sports Committee Dr. Rajneesh Varshney, Chairman Program Dr. Ravish Agarwal, Chairman IMAPL-6 Dr. Rajeev Kumar Goel, Convener IMAPL-6 Dr. Anuja Singh, Dr. V.V. Singh, Dr. R.P. Singh were there.

Report compiled by: **Dr. Ratan Pal Singh**

### Annual Sports Day Sunday, 26th January 2025



In a vibrant celebration of the 76th Republic Day, Indian Medical Association, Bareilly organised its Annual Sports Day at IMA Farms, Dohra Road, Bareilly on 26th January 2025. The event brought together doctors and their families for a day filled with sportsmanship, camaraderie and delicious delicacies.

The spacious grounds of IMA Farms reverberated with laughter and cheers as doctors and their families actively participated in a variety of games. The event aims to promote healthy lifestyles and foster a sense of community among medical professionals.

The families of doctors enthusiastically engaged in friendly competitions and displayed their sportsmanship in various outdoor games. From traditional races to exciting team games, the Sports Day included a wide range of activities that catered to participants of all ages. Today's main attractive games were Abraar entry, Couple game, Ek hath le ek hath de, Garland race, Kho-Kho, Pahiya race, Phool mera daman tera, races, Surili kursi, Patangbaaji and tug of war.

Adding a delicious touch to the celebration, the attendees were treated to a delicious meal that included a plethora of mouth-watering delicacies. The aroma of spices and the sizzling sound of the grill added an extra layer of enjoyment to the day's proceedings.



The highlight of the event was the prize distribution ceremony, where the winners of various games were felicitated with gifts by President IMA Bareilly Dr. R. K. Singh. He expressed his happiness over the active participation and emphasized the importance of outdoor games in maintaining a healthy lifestyle.

The celebration was followed by delicious lunch and the day ended with smiles, laughter and a sense of accomplishment. The annual sports day left a lasting impression, proving that a healthy lifestyle can be seamlessly woven into a demanding medical profession.

Report compiled by: **Dr. Ratan Pal Singh**

### Friendly Cricket Match

6th April 2025



A friendly cricket match was organized by IMA Bareilly between the IMA Bareilly Team and the Income Tax Office Team on 6th April 2025 at Gangasheel Cricket Stadium, Kamua, Bisalpur Road, Bareilly. In a thrilling encounter, the IMA Bareilly Team emerged victorious, defeating the Income Tax Office Team by 20 runs.

After winning the toss, IMA Bareilly Team's captain, Dr. R.K. Singh, elected to bat first. The team posted an impressive total of 268 runs in the allotted 20 overs. Dr. Atul Gangwar played a remarkable innings, scoring 120 runs. From the Income Tax Office Team, Dr. Mahesh Tripathi delivered a strong bowling performance, taking three wickets.

Chasing a target of 269, the Income Tax Office Team managed 248 runs for the loss of nine wickets in 20 overs. Mr. Rakesh Kumar stood out with a valiant 98 run innings.

For his brilliant century, Dr. Atul Gangwar was awarded the 'Man of the Match'. The 'Best Bowler' award went to Dr. Mahesh Tripathi for his three wicket haul, while Mr. Rakesh Kumar was named 'Best Batsman' for his outstanding knock. Dr. Amit Saxena of the IMA Bareilly Team was recognized as the 'Best Fielder'.

Dr. R.K. Singh, President of IMA Bareilly, emphasized the importance of organizing such matches, highlighting their role in promoting physical fitness and encouraging social interaction.

The event was graced by several distinguished guests, including Chief Guest Mr. Radheshyam, Chief Commissioner of Income Tax, Special Guest Mrs. Jyotsna Devi, Additional Commissioner of Income Tax, Special Guest Dr. N.K. Gupta, Chairman of Gangasheel Group of Hospitals and Institutions and Special Invitee Dr. Shalini Maheshwari. The dignitaries praised the performances of both teams and congratulated the winners and runners up. The event concluded with a delightful lunch enjoyed by all.

Report compiled by: **Dr. Ratan Pal Singh**

### Sports Week-2025

18th to 24th June 2025

The Indian Medical Association, Bareilly, successfully organized Sports Week-2025 from 18th to 24th June 2025, a vibrant and energetic event that brought together doctors and their families to celebrate the spirit of sportsmanship and healthy living. The week-long program witnessed enthusiastic participation from members of all age groups, making it a truly inclusive and memorable occasion.

Throughout the event, a variety of indoor and outdoor games were conducted, including Carrom, Chess, Table Tennis, Badminton, and Swimming. The competitions were efficiently managed under the guidance of respective

## SPORTS EVENTS



in-charges — Carrom was coordinated by Dr. Devender Singh and Dr. Shivam Kamthan, Chess by Dr. Praveen Agarwal and Dr. Saket Agarwal, Table Tennis by Dr. Anshu Agarwal and Dr. Vandana Gupta, Badminton by Dr. Saurabh Goel and Dr. Virendra Pratap Gangwar; and Swimming by Dr. Shalini Arora and Dr. Rahul Vohra. Their dedicated efforts ensured smooth organization and active participation in each category.

The event was held under the Presidentship of Dr. R. K. Singh, with Dr. Ratan Pal Singh (Secretary), Dr. Shivam Kamthan (Treasurer), and Dr. Pramendra Maheshwari (Sports Chairman) playing pivotal roles in its successful execution.

The Sports Week not only provided a platform for competitive spirit but also encouraged bonding among doctors and their families. With matches spanning across all age groups, the atmosphere remained filled with excitement, joy, and camaraderie.

Report compiled by: **Dr. Ratan Pal Singh**

## Summer Carnival-2025 Sunday, 29th June 2025



The Indian Medical Association, Bareilly, organized a grand Summer Carnival – 2025 on Sunday, 29th June 2025, which turned out to be a day full of fun, entertainment, and engaging activities for IMA kids. The program commenced at 8:00 a.m. with an exciting Water Polo match, setting a lively tone for the day.

A wide range of competitions was held, including Poster Making, Debate, Essay Writing, Spell Bee, Clay Modeling, Drawing, and Quiz, which saw the enthusiastic participation of nearly 90–100 children. Each activity highlighted the creativity, knowledge, and talent of the young participants.

Throughout the day, arrangements were made for breakfast, lunch, dinner, and unlimited snacks, ensuring that the





children and members enjoyed a delightful culinary experience alongside the activities. The event was organized under the leadership of Dr. R. K. Singh (President), Dr. Ratan Pal Singh (Secretary), and Dr. Shivam Kamthan (Treasurer). A large number of doctors and members of IMA attended the carnival, making the event vibrant and memorable.

In the evening, a Prize Distribution Ceremony was held, where prizes of both the Sports Week and Summer Carnival were awarded to the winners and participants. The presence of distinguished dignitaries added immense grace to the program. The Honourable Chief Guest, Dr. Arun Kumar (Forest Minister, U.P. Government), along with the Honourable Guest of Honour, Dr. Umesh Gautam (Mayor, Bareilly), and the Honourable Special Guests – Dr. Raghvendra Sharma (MLA, Bithri Chainpur) and Mrs. Salona Kushwaha (MLA, Tilhar, Shahjahanpur), honored the occasion with their August presence.

Report compiled by: **Dr. Ratan Pal Singh**

## Auction Ceremony of IMA Volleyball League Season-1 27th July, 2025



The Auction Ceremony of IMA Volleyball League Season-1 was held on 27th July 2025 at 3:00 PM in the Auditorium, IMA Bhawan, Bareilly. This marked an important milestone ahead of the tournament, scheduled for 17th August 2025 at IMA Farms, Dohra Road, Bareilly.

The event was conducted under the leadership of President Dr. R.K. Singh, with active support from Secretary Dr. Ratan Pal Singh, President-Elect Dr. Atul Kumar Shrivastava, PRO Dr. Shalini Maheshwari, and Dr. V.V. Singh. A total of 12 teams were finalized through the auction, including 8 men’s teams, 2 women’s teams, and 2 children’s teams, showcasing the inclusive spirit of the league.

On this occasion, President Dr. R.K. Singh unveiled the match fixtures, while Convener Dr. Virendera Pratap Gangwar addressed players and managers, explaining the tournament rules and regulations. The program was well-organized and filled with enthusiasm, setting a vibrant tone for the upcoming matches.

Report compiled by: **Dr. Ratan Pal Singh**







### Tour to Ayodhya Dham 12th–13th October 2024



The Indian Medical Association (IMA), Bareilly, organized a spiritual and cultural tour to Ayodhya Dham on 12th–13th October 2024.

The tour was guided under the presidentship of Dr. R. K. Singh, with Dr. Ratan Pal Singh (Secretary) and Dr. Shivam Kamthan (Treasurer). A group of around 140 IMA doctors and their family members participated in this memorable journey. The group visited the sacred sites of Hanuman Garhi, attended the divine Saryu River Aarti, and offered prayers at the historic Ram Mandir, which was the main highlight of the tour.

The Ayodhya Dham Darshan proved to be a spiritually enriching experience, fostering unity, devotion, and togetherness among the IMA fraternity and their families.

Report compiled by: **Dr. Ratan Pal Singh**

### Tour to Mauritius 6th to 12th January 2025



From 6th to 12th January 2025, IMA Bareilly organized a memorable tour to Mauritius with 36 members. The group enjoyed the island's natural beauty, submarine ride to a sunken ship, and the thrilling experience of walking with lions.

Visits to Hindu temples, the spirit of harmony, and the country's cleanliness and modern infrastructure left a deep impression. Members stayed at Jalsa Beach Hotel, and the tour, organized by MakeMyTrip, was truly unforgettable.

Report compiled by: **Dr. Ratan Pal Singh**



**Mahakumbh Snaan Parv Yatra**  
**7th - 10th February 2025**



7th to 10th February 2025, IMA Bareilly members undertook a memorable Kumbh Yatra to Prayagraj. This journey was not only a spiritual pilgrimage but also a unique collective experience that strengthened our bond as one family.

Despite heavy traffic and large crowds, careful planning ensured that everyone reached the Sangam safely and took the holy dip. Our idea of wearing yellow attire kept the group united, and all members, from young children to seniors up to 85 years, returned safely with divine memories.

The cooperation and enthusiasm of every member turned challenges into joy. This yatra was not just a holy bath, but a symbol of unity, togetherness, and shared spirituality for IMA Bareilly.

Report compiled by: **Dr. Ratan Pal Singh**

**Summer Tour to Australia**  
**1st to 7th June 2025**



From 1st to 8th June 2025, IMA Bareilly members enjoyed a memorable tour to Australia, a land of natural beauty, vibrant cities, and serene beaches. With nearly 60 participants, from children to seniors, the trip felt like a dream come true.

From the breathtaking Great Ocean Road and Penguin Parade in Melbourne to the fun at Gold Coast's Movie World and Sea World, the energy of Sydney's Bondi Beach and Blue Mountains, and the magical cruise experience, every moment was unforgettable.

Excellent planning by the tour operators ensured smooth management, while the enthusiasm of members, music, dance, laughter, and togetherness turned this trip into a golden memory for the IMA family.

Report compiled by: **Dr. Ratan Pal Singh**







## Black Day

Wednesday, 16th October 2024



To protest the rape and murder of a female junior doctor of R.G. Kar Medical College and Hospital in Kolkata, West Bengal, members of IMA Bareilly Branch observed 16th October 2024 as Black Day by tying black ribbon.

IMA Bareilly demanded speedy and fair justice for the victim and to bring the perpetrators of this heinous crime to punish without any delay and expressed deep concern over the delay in justice for the rape victim.

Many doctors, junior doctors and medical students are on hunger strike and their health has now deteriorated seriously. Despite this, the West Bengal government has not paid heed to their demands for

justice and security for doctors on duty. In solidarity with the call of IMA UP State, IMA Bareilly is fully supporting the protesting students, junior doctors and doctors in their demands for security and justice.

IMA Bareilly President Dr. R.K. Singh has given a stern warning that if these demands are not met soon, doctors will be forced to go on a nationwide strike. IMA Bareilly stressed that the safety of doctors cannot be compromised, and immediate action is needed to protect those who dedicate their lives to saving others.

Report compiled by: **Dr. Ratan Pal Singh**

## Basic Life Support (BLS) for Paramedical Staff

Wednesday, 16th February 2025



विश्व एनेस्थीसिया दिवस के अवसर पर पैरामेडिकल स्टाफ के जीवन रक्षक कौशल को बढ़ाने के लिए एक संयुक्त पहल में, आई.एम.ए बरेली ने इंडियन सोसाइटी ऑफ एनेस्थीसियोलॉजिस्ट, बरेली शाखा के सहयोग से अस्पतालों के पैरामेडिकल स्टाफ को बेसिक लाइफ सपोर्ट (बी.एल.एस) पर प्रशिक्षण शिविर एवं कार्यशाला का आयोजन किया गया। कार्यशाला का उद्देश्य विभिन्न अस्पतालों के पैरामेडिकल स्टाफ को आपातकालीन स्थितियों के दौरान कुशलतापूर्वक प्रतिक्रिया देने के लिए महत्वपूर्ण कौशल के लिए प्रशिक्षण प्रदान करना था। कार्यशाला में उत्साहपूर्ण भागीदारी देखी गई, जिसमें विभिन्न अस्पतालों के 200 से अधिक पैरामेडिकल स्टाफ ने प्रशिक्षण में भाग लिया।

Report compiled by: **Dr. Ratan Pal Singh**



## IMA Diary Releasing 3rd January 2025



The Indian Medical Association (IMA) Bareilly welcomed the New Year with the release of its IMA Diary in a graceful ceremony held at IMA Bhawan, where President Dr. R. K. Singh, Secretary Dr. Ratan Pal Singh & Treasurer Dr. Shivam Kamthan and senior members unveiled the diary amidst warm New Year wishes.

On this occasion, the office bearers highlighted that the IMA Diary. The event concluded with members exchanging greetings and reaffirming their commitment to professional excellence and the service of society, making the diary release a cherished tradition of new beginnings and renewed energy.

Report compiled by: **Dr. Ratan Pal Singh**

## Ayushman Movement: A Historic Success and Symbol of Unity

11 February 2025



The Ayushman Movement held on 11 February 2025 against irregularities and pending payments under the Ayushman Bharat scheme proved to be a historic success. Starting from Bareilly, this people's movement is now echoing across Uttar Pradesh and will soon be carried forward by doctors and hospitals in other districts.

In Bareilly, nearly 1000 doctors participated in a peaceful road march, submitting a memorandum to the District Magistrate and City Magistrate, who assured that the matter would be raised with the Hon'ble Chief Minister. The unprecedented support from all three private medical colleges of Bareilly made this movement even stronger, as Bareilly has the highest number of pending payments under the scheme.

This united effort of the medical fraternity has not only highlighted the seriousness of the issue but also showcased exemplary solidarity.

Report compiled by: **Dr. Ratan Pal Singh**

## Meeting with Honourable Uttarakhand CM Pushkar Singh Dhami Ji Monday, 31st March 2025



Indian Medical Association (IMA) Bareilly warmly felicitated Uttarakhand Chief Minister Shri Pushkar Singh Dhami today, appreciating his visionary leadership and historic reforms in the state. Under the leadership of IMA Bareilly President Dr. R.K. Singh and Secretary Dr. Ratan Pal, the program witnessed the presence of several eminent doctors including Dr. Parmendra Maheshwari, Dr. Vinod Pagarani, Dr. Vimal Bhardwaj, Dr. Mohit Agrawal, Dr. R.G. Sharma, Dr. D.P. Gangwar, Dr. Rajeev Goel, Dr. Ankit and many others.

The grand felicitation was held at Universities University, where IMA Bareilly expressed gratitude to the Chief Minister for his effective decisions in areas such as Uniform Civil Code implementation, healthcare, tourism, law and order, disaster management, and soldiers' welfare.

Report compiled by: **Dr. Ratan Pal Singh**

## Meeting with Honourable CM Yogi Ji Tuesday, 1st April 2025



A delegation of the Indian Medical Association (IMA) Bareilly led by President Dr. R.K. Singh and Secretary Dr. Ratanpal Singh met Chief Minister Yogi Adityanath to discuss key healthcare issues. The CM assured support on pending Ayushman Bharat payments and announced the extension of hospital registration validity to five years. Discussions were also held on adopting a PPP model for 300-bed hospitals, upgrading them into medical colleges.

The delegation invited the CM as Chief Guest for the IMA Conference in November 2025 and submitted a memorandum seeking reforms, including higher Ayushman rates for elderly patients, clearance of pending dues, restoration of withheld payments, and stricter laws for doctors' safety. The meeting marked a positive step towards strengthening healthcare governance in Uttar Pradesh.

Report compiled by: **Dr. Ratan Pal Singh**

## Meeting with IMA UP State Office Bearers for IMAUPCON-2025 15th April 2025



A meeting with the IMA UP State Office Bearers was organized on 15th April 2025 at Bareilly in connection with the upcoming IMAUPCON-2025. The program was held under the dynamic leadership of Dr. R. K. Singh (President, IMA Bareilly), Dr. Ratan Pal Singh (Secretary, IMA Bareilly), and Dr. Shivam Kamthan (Treasurer, IMA Bareilly), along with the active participation of Dr. Ravish Agarwal (Conference Chairman) and Dr. Vimal Bharadwaj (Conference Secretary).

The event was graced by several distinguished leaders and office bearers of IMA UP State, including Dr. Sharad Agarwal, Past President IMA HQ & Patron, IMA UP State, Dr. P. K. Agarwal, President, IMA UP State, Dr. Rajeev Goel, President Elect, IMA UP State and Dr. Anand Prakash, IMA UP State. Along with them, many eminent doctors from IMA Bareilly also attended the meeting, showing their support and commitment to the success of the forthcoming conference.

During the meeting, extensive discussions were held regarding the preparations and strategies for IMAUPCON-2025, a prestigious state-level conference. Various aspects including academic sessions, hospitality, logistics, cultural programs, and publicity were deliberated upon to ensure the event is conducted in a highly successful and impactful manner. On this occasion, the visiting dignitaries also inspected and visited many potential sites for the upcoming conference sessions and activities.

The meeting concluded with a strong spirit of collaboration and dedication towards making IMAUPCON-2025 a memorable and grand success. The program ended on a warm note of fellowship followed by dinner.



Report compiled by: **Dr. Ratan Pal Singh**





### Diabetes and Heart Disease- Simple Tips for A Safe and Healthier Life

Diabetes and Heart diseases have evolved as the most common epidemic in India. But the good news is that, we can lower our risk and live a longer, happier life. So here are some health tips and friendly guide to help you take care of your heart and blood sugar:

#### EAT SMART, LIVE BETTER

What we eat has a big-big impact on our general health.

**Choose fresh foods:** Include leafy Green vegetables, Fresh whole fruits (Not juices), Whole grains (Like Millets, Ragi, Baajra, Jwar), brown rice, Oats and all pulses.

#### Cut down on sugar and salt:

Say no to high sugary drinks ( Cold drinks, energy drink), Sweets and too much Packaged food products.

#### Healthy Fats are Ok:

A very important subset to know - unsaturated fats are good for heart like Olive oil or mustard oil but if we superheat them or reheat them then they are converted into Saturated fats like vanaspati ghee which is harmful. So eat Olive or mustard oil or may be desi ghee in moderation and Avoid fried and oily snacks or food stuff.

#### Keep an eye on portions:

Eating too much even of healthy food, can be very harmful for gut and body.

#### Move your body every day:

Exercise is not about just weight loss- it keeps your heart, brain, other major organs and sugar levels in control.

Go for a walk dance or cycling or play any outdoor sport - do anything you enjoy

#### Try to get atleast 30-45 mins of activity every day

Don't sit too long at one place- **take a quick walk or stretch every hour** - this is to avoid **deep vein thrombosis** (clots in legs)

#### Watch your weight

Being overweight increases your risk for both diabetes and heart diseases by four fold

**Keep your belly in check-** it's a major concern in our country - belly fat is more dangerous than we think and leads to syndrome X or metabolic syndrome.

Small changes like avoiding late night snacks or drinking more water helps a lot.

#### Check your health often:

You don't have to wait to feel sick -Annual medical check up is very important

Get your blood sugar, blood pressure and Cholesterol checked regularly. - early signs can be managed easily if found on time.

#### Say NO TO SMOKING & TOO MUCH ALCOHOL:

Smoking/ Tobacco damages your heart and lungs permanently Infact much more than alcohol.

Alcohol in large amounts can increase your blood pressure and blood sugar - also it leads to Fatty liver of risky grade.

#### Avoid More stress:

Life is busy , but too much stress can adversely affect your heart and sugar levels.

Try deep breathing exercises, Yoga, Zumba, specially spending time with family and friends or just enjoying some quality quiet time.





**Sleep well-** always aim for a 7-8 hours of good sleep every night and a quick 20-30 mins Power Nap in afternoon.

**Always take medicines if needed-** remember raised blood pressure or sugar has ill effects on body but not the pill - so if a doctor has given you medicine for sugar, BP or Heart , take it on time  
Don't skip doses and never stop them on your own.

### KNOW THE WARNING SIGNS

Chest pain, shortness of breath, sudden unexplained sweating etc etc - Don't ignore them - it is basically your heart seeking help

For Diabetes feeling extra tired, increased thirst, frequent urination ?? - Check your blood sugar ??

### FINAL THOUGHT

Taking care of your heart and sugar isn't about big changes- it's about small, smart steps each day. Eat better, Move more , worry less, and stay connected with people who make you smile .

**Your health is in your hands - and every little steps counts.**

**Dr. Rajeev Kumar Goel**  
Physician, Cardiologist and Diabetologist  
Shri Vijay Raj Hospital  
Rampur Graden, Bareilly  
**IMM. Past President IMA Bareilly**

## “Rhodo, Rants & Rescue Breaths”

It's 2 AM. Sleep escapes me.

In just two days, I'll be walking a trail that leads to the world's highest Shiva temple.

Me—Suvi—almost 52 years old, restless, wondering what possessed me to sign up for this. A last-minute addition to a gang of doctors. Now that the thrill of “my first trek” has worn off, the jitters have started to settle in.

Yes, I'm a Kumaoni by birth—with childhood summers spent darting between Naani Maa's and Daadi Maa's homes, across pine-scented trails. But life has a way of pulling you away from your roots. One day, you wake up wondering if that mountain girl still lives in you.

We packed too much, especially Me and Dr Shalini ..We stood out right from the start, like overpacked tourists who missed the memo on minimalism. But hey, we were ready..Or so I thought.

The drive to our cozy mountain stay was long, winding, and beautiful. We were all sleep-deprived and slightly overwhelmed, but something inside each of us had quietly woken up.

With the first toll of the temple bell echoing across the hills, we began the trek to ... Tungnath....

Just 500 meters in, I was wheezing and questioning all my life choices. Had I ever exercised? It seemed doubtful at that moment.

And yet, even in the struggle, something shifted. The body ached, but the soul stirred. I remembered my father climbing the Great Wall of China at my age—fit, fearless, unstoppable. Could I tap into that same



## ARTICLES

spirit?

I think each one of us was silently huffing, puffing, pretending to be okay. And then someone let out a loud, dramatic “Uff... Baba re!” Was it me ??? And that broke the dam—we burst into laughter. Just like that, something shifted. We weren't just co-trekkers—we were a team.

Our gang of eight:

There was Dr. Seema ...our planner, organizer, human Google Maps. Calm, reliable, the kind who books stays with clean bathrooms and good food.

Dr. Shalini...part panther, part pixie. She climbs as if gravity doesn't apply to her. A few graceful strides ahead, always waiting with a smile as I arrived breathless and dramatic.



Dr. Ruchi...mmm a walking paradox—sweet one moment, then tough military commander the next. She gently pushed and scolded us into finishing the toughest stretches. She also kept Dr. Atul, her husband, and our resident entertainer, in check. Not easy

Dr Atul, the funniest of us all, was a livewire. With his Insta360 camera strapped on like a gadget from a sci-fi movie, he was determined to document every moment—from mountain views to ground reporting....and ..Somewhere along the way, thanks to a dramatic tumble or some mountain magic, the camera mysteriously lost half its field of vision. How Insta360 became Insta180 is another story altogether—one that still gets us giggling over

Then came Dr. Parul and her daughter, Dr. Rupal ...a duo like no other ..They bickered, bantered, and burst into laughter within the same breath. Rupal's eye-rolls at her mom's fussing could power a hydroelectric



plant. But behind the teasing was the kind of deep, inseparable bond.

And finally, Dr. Praveen ...our quiet man with a camera. While we posed and puffed, he stood at a distance capturing the poetry of it all—the sweeping views, the raw fatigue, the silent triumphs. His photos and videos became the heart of our trip, telling the story we didn't know we were living.

As we huffed our way upward, pink rhododendrons began to bloom along the trail like mountain confetti. Dr. Seema pointed them out with quiet awe. It felt like the hills were rooting for us.

Every now and then, we'd cross seasoned trekkers with sleek backpacks, professional boots, and trekking poles that looked like they'd been blessed by NASA. Some were on clean-up missions for the Himalayas—noble, serene, and looking at us with amused pity. We knew we looked like slightly lost tourists. But we were happy types lost.

We met so many other ppl like us on the way and they became friends for the short journey we were taking together knowing we had the same destination and sharing our experiences knowing very well that by the end of it we might never meet but for now we were together.

Somewhere between the gasps for breath and shared energy bars, we found rhythm. We started breathing with the mountains, walking in step with the earth beneath us. The snow-capped peaks shimmered in golden sunlight. Bees buzzed. Laughter echoed. It was magic.

Reaching “Tungnath” felt like coming home. That stillness. That sanctity. That hush of something bigger than us. It silenced our aches.

And then came “Chandrashila”

I nearly backed out. Clouds had begun to creep in, and someone mentioned steep climbs and sudden weather shifts. We hesitated.

But of course, “Dr Shalini” just started walking—as if she'd heard none of the warnings. She climbed like she was born for it.

And we followed ...

When we saw the sign: “Chandrashila 1 km”, we believed it. Like fools. That “1 km” felt like ten. I'm still convinced someone wiped off the zero as a prank.

Halfway up, I was ready to quit. That's when Dr Ruchi ..threw me that look...the “Don't you dare!” look—and barked something motivational that I was too breathless to register. But it worked.

We pushed each other. Pulled each other. And step by painful step—we made it.

And that view.

“That view.”

“That feeling “....

We did it.....

We had knees that creaked, backs that complained, hearts that had seen their share of bruises—physical and otherwise. But we climbed that mountain. Together. Not despite our age, but because of it. We brought every scar, every smile line, every lesson—and carried them to the summit.

And the very next day—we set off for Deorital.

I thought, “Oh, this will be a cakewalk.”





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After all, we'd conquered Chandrashila! We were practically pros now.

I heard the word "Taal" and imagined something like Nainital—a gentle path, maybe a chai shop, perhaps even a bench or two.

Well.

Reality check: this taal was no Nainitaal ... even though there were chai shops

The climb was shorter, yes—but unexpectedly steeper. Our lungs were gasping for mercy within minutes. I thought, "Kya yeh taal Himalaya se bhi upar banaa hai kya?" while clinging to a rock like a long-lost lover.

Whatever seasoned trekker confidence we had was instantly humbled. We were huffing, puffing, laughing, gasping, and occasionally questioning our sanity—again. Except for our Usain Bolt aka Dr Shalini ...

And when we finally reached the top....

There it was: Deoria Taal ... Still. Serene. Surreal. A glassy lake cradled under the gaze of the mighty trees and peaks. The Himalayas stood in silent pride behind it, watching us like amused grandparents saying, "Chalo, bachche aa gaye."

And just when we thought we were having our peaceful, private Himalayan moment—enter: "the drone" ... hmmm

A bunch of young trekkers nearby thought they were being subtle. They launched a drone and began snooping... circling it above us, clearly prying.

But we were unfazed.

Instead of getting awkward or annoyed, we broke into grins, struck a few carefree poses, dances and sang and carried on like seasoned stars under surveillance.

After all, let them look.

We'd earned that view, that joy, and that unapologetic glow.

-We had earned this moment. We had climbed, fallen, risen, and arrived together.

We weren't just trekking.  
We were remembering who we used to be.  
And celebrating who we've become.

This is the only life we've got.  
Let's live it—fully, wildly, unapologetically.

..... Suvi's Scribbles

Dr. Suvidha Meher





### Bharat Nyay Samhita - Changes You should Know

This topic has been taken up because many of us do not know about changes in IPC which has now become BNS

There are 358 sections in BNS as against 511 in IPC 1860

My comments will begin with @ . Rest of the matter is verbatim from the Gazette but the text portion is reduced due to constraint of space. If you want a full reading read that section on INDIA CODE website.



#### @ Firstly the modes of punishments have increased in number –

**Section 4 - Punishments** -- The punishments to which offenders are liable under the provisions of this Sanhita are—

- (a) Death;
- (b) Imprisonment for life;
- (c) Imprisonment, which is of two descriptions, namely:—
  - (1) Rigorous, that is, with hard labour;
  - (2) Simple;
- (d) Forfeiture of property;
- (e) Fine;
- (f) Community Service.

**@ Sections compiled below will give a scope for the doctors for making their defense in the court of law, if such situation arises—**

#### **Section 18 - Accident in doing a lawful act.**

Nothing is an offence which is done by accident or misfortune, and without any criminal intention or knowledge in the doing of a lawful act in a lawful manner by lawful means and with proper care and caution.

#### **Section 26 - Act not intended and not known to be likely to cause death or grievous hurt, done by consent.**

Nothing which is not intended to cause death, or grievous hurt, and which is not known by the doer to be likely to cause death or grievous hurt, is an offence by reason of any harm which it may cause, or be intended by the doer to cause, to any person, above eighteen years of age, who has given consent, whether express or implied, to suffer that harm; or by reason of any harm which it may be known by the doer to be likely to cause to any such person who has consented to take the risk of that harm..

#### **Section 30 - Act done in good faith for benefit of a person without consent.**

Nothing is an offence by reason of any harm which it may cause to a person for whose benefit it is done in good faith, even without that person's consent, if the circumstances are such that it is impossible for that person to signify consent, or if that person is incapable of giving consent, and has no guardian or other person in lawful charge of him from whom it is possible to obtain consent in time for the thing to be done with benefit:

Illustration (3) A, a surgeon, sees a child suffer an accident which is likely to prove fatal unless an operation be immediately performed. There is no time to apply to the child's guardian. A performs the operation in spite of the entreaties of the child, intending, in good faith, the child's benefit. A has committed no offence.





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### **Section 31- Communication made in good faith.**

No communication made in good faith is an offence by reason of any harm to the person to whom it is made, if it is made for the benefit of that person.

Illustration- A, a surgeon, in good faith, communicates to a patient his opinion that he cannot live. The patient dies in consequence of the shock. A has committed no offence, though he knew it to be likely that the communication might cause the patient's death.

**@ Sections illustrated below are for defense of children and people of unsound mind, if they are involved in a crime-**

### **Section 20- Act of a child under seven years of age.**

Nothing is an offence which is done by a child under seven years of age.

### **Section 21 Act of a child above seven and under twelve years of age of immature understanding.**

Nothing is an offence which is done by a child above seven years of age and under twelve years of age, who has not attained sufficient maturity of understanding to judge of the nature and consequences of his conduct on that occasion.

### **Section 22 Act of a person of unsound mind.**

Nothing is an offence which is done by a person who, at the time of doing it, by reason of unsoundness of mind, is incapable of knowing the nature of the act, or that he is doing what is either wrong or contrary to law.

**@ Everyone has a right to private defence. BNS explains it in next several sections. I have not given all the sections in detail due to space constraints-**

### **Section 34- Things done in private defence.**

Nothing is an offence which is done in the exercise of the right of private defence.

### **Section 35- Right of private defence of body and of property.**

Every person has a right, subject to the restrictions contained in section 37, to defend—

- (a) his own body, and the body of any other person, against any offence affecting the human body;
- (b) the property, whether movable or immovable, of himself or of any other person, against any act which is an offence falling under the definition of theft, robbery, mischief or criminal trespass, or which is an attempt to commit theft, robbery, mischief or criminal trespass.

### **Section 37- Acts against which there is no right of private defence.**

### **Section 38- When right of private defence of body extends to causing death.**

**@ Heinous crimes are illustrated below. Section numbers have changed from IPC to new BNS.**

### **Section 63- Rape.**

A man is said to commit "rape" if he—

- (a) penetrates his penis, to any extent, into the vagina, mouth, urethra or anus of a woman or makes her to





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do so with him or any other person;

### **Section 100- Culpable homicide.**

Whoever causes death by doing an act with the intention of causing death, or with the intention of causing such bodily injury as is likely to cause death, or with the knowledge that he is likely by such act to cause death, commits the offence of culpable homicide.

### **Section 101- Murder.**

Except in the cases hereinafter excepted, culpable homicide is murder.

### **Section 106 - Causing death by negligence**

(1) Whoever causes death of any person by doing any rash or negligent act not amounting to culpable homicide, shall be punished with imprisonment of either description for a term which may extend to five years, and shall also be liable to fine; and if such act is done by a registered medical practitioner while performing medical procedure, he shall be punished with imprisonment of either description for a term which may extend to two years, and shall also be liable to fine.

Explanation.—For the purposes of this sub-section, “registered medical practitioner” means a medical practitioner who possesses any medical qualification recognised under the National Medical Commission Act, 2019 (30 of 2019) and whose name has been entered in the National Medical Register or a State Medical Register under that Act.

(2) Whoever causes death of any person by rash and negligent driving of vehicle not amounting to culpable homicide, and escapes without reporting it to a police officer or a Magistrate soon after the incident, shall be punished with imprisonment of either description of a term which may extend to ten years, and shall also be liable to fine.

**@ In the last there are few other sections which I believe that the doctors should know-**

### **Section 126- Wrongful restraint.**

### **Section 127- Wrongful confinement.**

### **Section 189- Unlawful assembly.**

(1) An assembly of five or more persons is designated an unlawful assembly, if the common object of the persons composing that assembly is..

### **Section 200- Punishment for non-treatment of victim.**

Whoever, being in charge of a hospital, public or private, whether run by the Central Government, the State Government, local bodies or any other person, contravenes the provisions of section 397 of the Bharatiya Nagarik Suraksha Sanhita, 2023, shall be punished with imprisonment for a term which may extend to one year, or with fine, or with both.

**(397 of BNSS - Treatment of victims -** All hospitals, public or private, whether run by the Central Government, the State Government, local bodies or any other person, shall immediately, provide the first-aid or medical treatment, free of cost, to the victims of any offence covered under section 64, section 65, section 66, section 67, section 68, section 70, section 71 or sub-section (1) of section 124 of the Bharatiya Nyaya Sanhita, 2023 (45 of 2023) or under sections 4, 6, 8 or section 10 of the Protection of Children from Sexual Offences Act, 2012 (32 of 2012), and shall immediately inform the police of such incident.)

**( @ you have to read all of the numbers written in 397 of BNSS to know the full meaning of this**



section)

### Section 215 - Refusing to sign statement.

Whoever refuses to sign any statement made by him, when required to sign that statement by a public servant legally competent to require that he shall sign that statement, shall be punished with simple imprisonment for a term which may extend to three months, or with fine which may extend to three thousand rupees, or with both.

Dr. Vipul Agarwal

## The Digital Heartbeat of Your Practice: A Practical Guide to Managing Patient Data

### Introduction

As doctors, we are trained to be experts in medicine, but the reality of modern practice requires us to be expert managers of information as well. Every day, we are faced with a flood of data—patient histories, lab reports, prescriptions, and scans. For generations, this lived in paper files, but today, a clinic's true pulse is digital. This transition can feel daunting, but it's also an incredible opportunity. This guide is a practical framework for every practitioner, from general physicians to superspecialists, on how to harness the power of data to improve patient care and bring new efficiency to our work in Bareilly.



### 1. Getting the Foundation Right: What We Collect and Why It Matters

The quality of our clinical decisions depends entirely on the quality of the information we have. Think of this as building the foundation of a house; if it's not solid, everything built on top is at risk.

- **Moving Beyond Scribbled Notes (Standardization):** We've all tried to decipher a hastily written note from years ago. Adopting simple electronic templates for patient histories or consultations creates a clear, consistent story for every patient. Using standard codes for diagnoses (like ICD-10) is like ensuring we all speak the same medical language, which is crucial for clear communication and future analysis.
- **Building the Complete Picture (Data Aggregation):** A patient's story is often scattered across different places—lab reports here, an X-ray there, old notes in a dusty file. A good digital system brings all these pieces together into one unified record. It's like finally having all the puzzle pieces in one box, allowing you to see the complete picture of your patient's health journey at a glance.
- **Trust is Everything (Ethical & Legal Compliance):** Our relationship with our patients is built on trust. In the digital age, this extends to how we handle their data. Following India's Digital Personal Data Protection Act (DPDPA), 2023 isn't just a legal checkbox; it's about being transparent with our patients, getting their clear consent, and assuring them their most sensitive information is safe with us.

### 2. Keeping Patient Information Safe: Your Digital Vault

Once we have this valuable information, our next responsibility is to protect it. How we store patient data is as important as how we collect it.

- **Your Clinic vs. The Cloud (Storage Models):** Storing data on a single computer in the clinic is like keeping all your money under a mattress—it's risky and vulnerable. While a dedicated server offers control, it requires



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constant maintenance. For most of us, using a reputable cloud-based system is like using a modern bank vault. It offers professional security, regular backups, and the peace of mind that comes from knowing experts are protecting your data. It's wise to choose a provider whose servers are in India, keeping us aligned with national laws.

### ● The Locks and Keys of Digital Security:

- **Encryption:** This is simply the process of scrambling your data so it's unreadable to anyone without the key. It's the digital equivalent of a secret code that protects information whether it's stored (at rest) or being sent over the internet (in transit).
- **Access Control:** Not everyone in the clinic needs to see everything. A role-based system gives each team member a specific key that only opens the doors they need—the receptionist gets the key to scheduling, while clinical staff get the key to medical histories.
- **Backups:** The "3-2-1 rule" is a great safety net: keep 3 copies of your data, on 2 different types of storage, with 1 of them off-site. A good cloud system does this for you automatically, protecting you from fire, theft, or technical failure.

### 3. Making Data Work for You: From Information to Insight

This is where our efforts truly pay off. Good data management turns a static filing cabinet into a dynamic tool that actively helps us be better doctors.

- **Sharper Decisions, Safer Patients:** Imagine a patient with a complex history comes to you. Instead of hunting for an old report, you can instantly see their entire journey—every medication, every allergy, every lab trend. A superspecialist can graph a patient's renal function over years to catch a slow decline. A GP can avoid a dangerous drug interaction. This is data empowering our clinical judgment.
- **A Smoother, Safer Clinic:** Digital systems streamline the daily grind. E-prescriptions are clearer and safer. Automated reminders help patients stick to their follow-up schedules. Billing becomes simpler and more accurate. All of this frees up our staff—and ourselves—from administrative burdens, giving us back the one thing we never have enough of: time to spend with our patients.
- **Seeing the Bigger Picture (Public Health):** When we pool our anonymized data, we can start to see health trends across Bareilly. We can spot disease outbreaks earlier, track vaccination coverage, and contribute to a healthier community. Our individual work becomes part of a much larger, more impactful story.

### Conclusion

The shift to digital data management isn't about replacing the art of medicine with technology. It's about using technology to support and enhance that art. By building a framework of thoughtful collection, secure storage, and intelligent management, we can reduce our administrative load, minimize risks, and gain deeper insights into the health of our patients. It is an essential evolution, allowing us to practice a smarter, safer, and more effective form of medicine.



**Dr. Harsha Vardhan**  
Vinayak Hospital, Bareilly





### Medicine Dispensing To Own Patients.. Legal Or Illegal

Can a Doctor dispense medicines?

Can a Doctor sell medicines?

Can a Drug Inspector question a Doctor for stocking and dispensing medicines?

**Answer :** A Doctor can dispense medicines under the following five laws of the land :-

(a) Section 27 of Indian Medical Council Act, 1956.

(b) Rule 6.3 of Indian Medical Council (Professional Conduct, Etiquette and Ethics) Regulations, 2002.

(c) Rule 3.7.1 of Indian Medical Council (Professional Conduct, Etiquette and Ethics) Regulations, 2002.

(d) The Pharmacy Act, 1948, Sec.42.

(e) Drugs & Cosmetics Rules, 1945 Schedule K Item No. 5 (under Drugs & Cosmetics Act, 1940).



#### Explanation:-

(a) Indian Medical Council Act, 1956, Section 27: Privileges of persons who are enrolled on the Indian medical register: Subject to the conditions and restrictions laid down in this Act, regarding medical practice by persons possessing certain recognised medical qualifications, every person whose name is for the time being borne on the Indian Medical Register shall be entitled according to his qualifications to practice as a medical practitioner in any part of India and to recover in due course of law in respect of such practice any expenses, charges in respect of medicaments or other appliances, or any fees to which he may be entitled.

(b) IMC Ethics Regulations, 2002, Regulation 6.3: Running an open shop (Dispensing of Drugs and Appliances by Physicians):- A physician should not run an open shop for sale of medicine for dispensing prescriptions prescribed by doctors other than himself or for sale of medical or surgical appliances. It is not unethical for a physician to prescribe or supply drugs, remedies or appliances as long as there is no exploitation of the patient. Drugs prescribed by a physician or brought from the market for a patient should explicitly state the proprietary formulae as well as generic name of the drug.

(c) IMC Ethics Regulations, 2002, Regulation 3.7.1: A physician shall clearly display his fees and other charges on the board of his chamber and/or the hospitals he is visiting. Prescription should also make clear if the Physician himself dispensed any medicine.

(d) Pharmacy act 1948, Chapter 5, Section 42: Dispensing by unregistered persons:-

(1) On or after such date as the State Government may by notification in the Official Gazette appoint in this behalf, no person other than a registered pharmacist shall compound, prepare, mix, or dispense any medicine on the prescription of a medical practitioner; Provided that this sub-section shall not apply to dispensing by a medical practitioner of medicine for his own patients, or with the general or special sanction of the State Government, for the patients of another medical practitioner.

(2) Whoever contravenes the provisions of sub-section (1) shall be punishable with imprisonment for a term which may extend to six months, or with fine not exceeding one thousand rupees or with both.

(e) Drugs & Cosmetics Rules, 1945 (Under Drugs & Cosmetics Act, 1940), Schedule K, Item 5:

Class of Drugs- Drugs supplied by a registered medical practitioner to his own patient or any drug specified in Schedule C supplied by a registered medical practitioner at the request of another such practitioner if it is specially prepared with reference to the condition and for the use of an individual patient provided the registered medical practitioner is not (a) keeping an open shop or (b) selling across the counter or (c) engaged in the importation, manufacture, distribution or sale of drugs in India to a



degree which render him liable to the provisions of Chapter IV of the Act and the rules thereunder. (Extent and Conditions of Exemption- All the provisions of Chapter IV of the Drugs & Cosmetics Act and the Rules made thereunder, subject to certain conditions.)

Dr. Rajkumari Mittal

## How Quacks Sabotage India's Medical Profession: The Crisis Every Doctor Faces

One million unqualified "doctors" are destroying healthcare credibility across India. India's healthcare system harbors a shocking secret: 57.3% of practitioners offering allopathic treatment lack formal medical qualifications. With over one million quacks operating nationwide, qualified doctors face an unprecedented crisis that threatens their practice, patients' lives, and the entire medical profession's credibility.



### The Deadly Numbers Game

The statistics are staggering and fatal. 19.8% of treatment-related deaths in India occur at the hands of quacks. In rural areas, where 70% of healthcare providers have no formal medical training, patients routinely die from preventable complications—botched surgeries, wrong injections, and dangerous drug combinations administered by people who learned "medicine" through hearsay.

Recent tragedies underscore this crisis: a mother and newborn twins died in UP after treatment by a fake doctor, while children in Delhi died from heavy-dose antibiotic injections given by untrained clinic staff. These aren't isolated incidents—they represent a systemic failure that legitimate doctors must confront daily.

### Three Ways Quacks Cripple Qualified Practice

#### 1. Economic Warfare

Quacks charge Rs 50 for consultations while qualified doctors charge Rs 300-1,000. In a country where patients pay 80% of healthcare costs out-of-pocket, this price difference drives millions to unqualified practitioners. Legitimate doctors face impossible choices: slash fees and compromise care quality, or lose patients to dangerous imposters.

#### 2. Trust Destruction

When quack treatments fail—and they often do catastrophically—patients blame "doctors" generally. A qualified physician recommending surgery faces skepticism from patients who prefer a quack's promise of miracle cures. This erosion of trust makes evidence-based medicine harder to practice and patients more resistant to proper treatment protocols.

#### 3. Clinical Cleanup Duty

Qualified doctors increasingly serve as emergency responders to quack-induced disasters. Simple infections become sepsis, botched procedures require complex surgeries, and inappropriate antibiotic use creates resistant infections. This influx of preventable complications strains an already overstretched system, forcing doctors to spend time correcting others' mistakes rather than providing primary care.

### Rural Reality: Where Quacks Rule

The problem peaks in rural India, where Community Health Centers face an 80% shortage of specialist doctors. With only 39% of rural patients having access to diagnostic facilities within commutable distance, quacks become default primary healthcare providers. Qualified doctors attempting rural practice must

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compete against established networks of unqualified practitioners who've gained community trust through accessibility, not competency.

### Legal Loopholes Enable the Crisis

Current penalties for practicing without qualifications are laughably inadequate: just one year imprisonment and Rs 1,000 fine. The Indian Medical Association calls these punishments "too lax and lenient for such a heinous crime." Meanwhile, elaborate fake degree rackets operate for decades—one Surat operation issued 1,500 fraudulent degrees over 20 years—highlighting enforcement failures that leave qualified doctors competing in a rigged market.



[www.drpulkitagarwal.com](http://www.drpulkitagarwal.com)

### The Digital Age Amplifies Danger

Technology has expanded quackery's reach. Fake practitioners use social media to spread misinformation, create elaborate websites lending legitimacy to fraudulent qualifications, and exploit health crises like COVID-19 to peddle dangerous treatments. Online platforms enable quacks to reach patients who might otherwise seek qualified care.

### The Bareilly Context

For BIMA members, these national challenges manifest locally. Uttar Pradesh faces 36% vacancy of doctors at Primary Healthcare Centers, creating environments where quacks fill critical gaps. In semi-urban areas like Bareilly, qualified doctors must prove their worth against established quacks who offer "affordable" alternatives to patients struggling with healthcare costs.

### Solutions That Work

Recent enforcement successes offer hope. Hyderabad saw 300+ arrests and 400 FIRs against fake doctors, while Kerala's Quack Cell processes over 250 complaints annually. However, sustainable solutions require:

- Strengthened rural healthcare infrastructure to reduce gaps quacks exploit
- Enhanced penalties reflecting the serious nature of medical fraud
- Public awareness campaigns helping patients identify qualified practitioners
- Digital verification systems making credential checking easier
- Expanded medical education to increase qualified doctor availability

### Time for Action

Quackery isn't just unfair competition—it's a systematic assault on evidence-based medicine that costs lives and destroys professional credibility. Every preventable death, every treatment complication, and every patient who chooses dangerous quick fixes over proper medical care represents a failure that qualified doctors must collectively address.

The medical community, government, and society must unite to eliminate this shadow healthcare workforce. Until then, learned doctors will continue fighting an impossible battle: providing ethical, evidence-based care while competing against those who promise everything, deliver disasters, and face no meaningful consequences.

The stakes couldn't be higher: patients' lives, professional integrity, and the future of medical practice in India. Dr. Pulkit Agarwal's analysis demands immediate action from medical associations, policymakers, and enforcement agencies to restore healthcare credibility and protect both patients and qualified practitioners from this devastating crisis.

[Dr. Pulkit Agarwal, MBBS,DLO,DNB \(ENT\), MD](#)  
[at Om Shaanti Hospital, Kalibari, Bareilly](#)



## Declaration of Death in India: A Comprehensive Legal and Administrative Framework

The declaration of death in India is not just a medical formality but a complex intersection of law, administration, and constitutional rights. Over the years, India has developed a structured framework that governs everything from the registration of natural deaths to the legal recognition of presumed deaths in cases of missing persons.



### Legal and Constitutional Basis

The foundation lies in key legislations such as the **Indian Evidence Act, 1872**, which introduces the principles of presumption of life and presumption of death, and the **Registration of Births and Deaths Act, 1969**, which makes death registration compulsory. With the **2023 Amendment Act**, India has transitioned to a **digital registration system**, mandating online records, Aadhaar linkage, and centralized databases.

The **Indian Succession Act, 1925** regulates inheritance and succession after death, while the **Specific Relief Act, 1963** provides civil procedures for declaring a person legally dead, particularly in cases of missing persons. Judicial developments, including the Supreme Court's recognition of the **right to die with dignity under Article 21**, have added constitutional depth to this framework.

### Procedures for Registration

For natural deaths, families must register within 21 days, accompanied by a **Medical Certificate of Cause of Death (MCCD)**. Delays attract additional requirements like affidavits or magistrate approval. For unnatural deaths—accidents, suicides, or suspicious circumstances—police and magistrates conduct inquiries under **CrPC Sections 174–176**.

In special situations like disasters, when bodies may not be recovered, the government has established **Standard Operating Procedures** to provide families with legal closure while preventing misuse.

### Presumption of Death & Missing Persons

Section 108 of the Indian Evidence Act introduces the **seven-year rule**, where a person not heard from for seven years may be presumed dead. Courts handle such declarations through detailed petitions, evidence, and witness testimonies. This becomes crucial for property succession, insurance claims, and compassionate appointments.

### Estate and Succession

Post-death procedures involve the issuance of **legal heir certificates** for family members, **succession certificates** for movable assets like bank deposits or insurance, and **probate proceedings** for validating wills in certain jurisdictions. These ensure orderly transfer of property, settlement of debts, and protection of beneficiary rights.

### Digital Transformation

The 2023 reforms mark a **paradigm shift** with centralized online portals, mobile applications, and even **blockchain-based systems** being introduced for certificate authenticity. Artificial intelligence tools are also being piloted for fraud detection and automated Aadhaar deactivation after death. These changes integrate death registration with electoral rolls, pension systems, welfare benefits, and insurance claim settlements.

### Challenges Ahead

Despite modernization, challenges such as **digital literacy gaps, rural access issues, and procedural delays in civil death declarations** persist. Legal experts have called for reforms to reduce waiting periods and streamline processes for missing persons. Bridging the rural-urban divide and safeguarding privacy in digital systems remain key priorities.

### Conclusion

India's death declaration framework is a **sophisticated blend of law, technology, and social responsibility**. It



not only upholds citizens' rights but also ensures administrative efficiency and family welfare. With continued modernization and reforms, the system is expected to become more accessible, transparent, and equitable in the years ahead.

[To Read the Detailed Article Click Here.](#)

Dr. Shivam Kamthan

### Guidelines on the use of Narcotic Drugs as per NDPS Act

The **Narcotic Drugs and Psychotropic Substances (NDPS) Act, 1985** was introduced to regulate and control the operations related to narcotic drugs and psychotropic substances in India. Passed by Parliament and enforced on **14th November 1985**, the Act makes it illegal to cultivate, produce, manufacture, possess, sell, purchase, transport, store, or consume any narcotic or psychotropic substance without authorization.



#### Key Features of the NDPS Act

- The Act was amended in 1988, 2001, and 2014.
- The 2014 Amendment emphasized the government's responsibility for pain relief and introduced a special category called Essential Narcotic Drugs (ENDs).
- The six drugs included under ENDs are: Morphine, Methadone, Fentanyl, Oxycodone, Codeine, and Hydrocodone.

#### Recognized Medical Institutions (RMI)

Only institutions authorized as **Recognized Medical Institutions (RMI)** by the State Drug Controller can procure and dispense ENDs. The process involves:

- Submitting **Form 3F** along with required documents such as the medical practitioner's qualifications and opioid training certificates.
- Approval by the State Drug Controller, who inspects the facility and issues authorization in **Form 3G**.
- Maintaining annual requirement estimates through **Form 3J** and filing yearly returns in **Form 3I**.

#### Licensing, Procurement, and Storage

- Hospitals and pharmacies must obtain a separate license from the local Excise Department for narcotic and psychotropic substances.
- ENDs must be kept under double lock and key, accessible only to designated pharmacists and nursing in-charges.
- Daily stock registers (Form 3E), patient-wise records (Form 3H), and narcotic disposal registers must be





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maintained.

- Triplicate prescriptions are mandatory, and each prescription can mention only one narcotic drug.

### Dispensing and Record-Keeping

- Dispensing is done strictly against a valid prescription signed by an authorized medical practitioner.
- Pharmacists verify details such as patient's name, address, contact details, prescribing doctor's registration number, and signature.
- Registers must record receipts, issues, and usage of each drug. Empty ampoules are returned, documented, and disposed of under supervision.
- All records are preserved for **at least two years** and verified by pharmacists-in-charge daily.

### Patient Care Area Regulations

- In wards, ICUs, OTs, and emergency departments, narcotics are issued only on triplicate prescriptions.
- Nursing staff must maintain a **Narcotic Usage Register**, document administration, and return unused vials/ampoules promptly.
- Narcotic injections not used within **24 hours of preparation** must be disposed of immediately under supervision.

### Importance of the Act

The NDPS Act balances two critical aspects:

1. Preventing misuse and illegal trafficking of narcotic substances.
2. Ensuring availability of pain relief medications for patients with chronic or severe conditions like cancer and terminal illnesses.

Through strict procedures for authorization, procurement, storage, and dispensing, the Act ensures that narcotics are used safely for medical and scientific purposes while minimizing the risk of diversion and abuse.

[To Read the Detailed Article Click Here.](#)

**Dr. Iram Shaifali**  
(RMCH, Bareilly)





### Biomedical Waste Management Protocol 2016

The Government of India notified the **Biomedical Waste Management Rules, 2016** on 28th March 2016 under the Environment (Protection) Act, 1986, with the aim of ensuring safer handling, segregation, treatment, and disposal of biomedical waste across the country. These rules replaced the earlier Biomedical Waste (Management and Handling) Rules, 1998.



#### Key Highlights of the Rules

##### 1. Scope of Application

The rules apply to all persons and institutions involved in generating, collecting, storing, transporting, treating, or disposing biomedical waste, including hospitals, clinics, nursing homes, pathological labs, blood banks, veterinary institutions, and even health camps. However, they exclude radioactive waste, hazardous chemicals, municipal solid waste, e-waste, and lead acid batteries.

##### 2. Duties of Occupiers (Hospitals/Clinics)

- Ensure safe handling and segregation of biomedical waste using **color-coded bags/containers** (Yellow, Red, White, Blue).
- Provide **training and immunization (Hepatitis B, Tetanus)** to staff involved in waste handling.
- Phase out use of **chlorinated plastic bags and gloves**.
- Install a **bar-code system** for waste bags within one year of notification.
- Conduct **regular health check-ups** and maintain records of biomedical waste generated.

##### 3. Duties of Common Waste Treatment Facility Operators

Operators must ensure timely collection, barcoding, safe transportation, and scientific treatment of biomedical waste. They are also required to provide personal protective equipment, annual training, and health checkups for workers.

##### 4. Treatment & Disposal Protocols

- **Incineration or plasma pyrolysis** for anatomical and soiled waste.
- **Autoclaving, microwaving, or hydroclaving** for contaminated plastics and glassware.
- **Sharps (needles, blades)** must be sterilized and mutilated before disposal.
- Untreated anatomical or infectious waste should not be stored beyond **48 hours**.

##### 5. Monitoring and Reporting

- Hospitals and waste treatment facilities must submit annual reports to the State Pollution Control Board.
- District and State-level advisory committees are formed to monitor implementation.
- Accidents must be reported immediately using prescribed formats.

#### Importance of the 2016 Rules

Biomedical waste, if not managed properly, poses serious risks of infections like HIV, Hepatitis B & C, and environmental hazards. The 2016 Rules brought in stricter segregation, safer technologies, transparency through





barcoding, and accountability through annual reporting, ensuring protection of public health and the environment.

[To Read the Detailed Article Click Here.](#)

**Dr. Layeeq Ahmad Ansari**  
Deputy C.M.O, Bareilly

### **Implementation of The Clinical Establishments (Registration and Regulation) Act, 2010 in Uttar Pradesh**

The Government of Uttar Pradesh, through its order dated **22nd November 2021**, has directed the strict implementation of **The Clinical Establishments (Registration and Regulation) Act, 2010** for all medical institutions in the state.



#### **Key Directives from the Order**

##### **1. Mandatory Registration under CE Act, 2010**

From **1st January 2022**, registration of all clinical establishments will be carried out strictly under the provisions of the Clinical Establishments Act, 2010. The previous system of registration would cease to be valid after **31st December 2021**.

##### **2. Validity of Existing Registrations**

Any establishment registered under the old system would have its validity automatically end on **31st March 2022**. Thereafter, fresh registration under the new Act will be mandatory.

##### **3. Online Application Facility**

The Directorate of Medical and Health Services was directed to ensure necessary updates on the registration portal by **15th December 2021**. From this date, online applications for registration were made available.

##### **4. Bank Accounts for Registration & Appeals**

District Registration Authorities and the State Council were instructed to open mandatory accounts in nationalized banks by **15th December 2021** for fee deposits related to registration and appeals.

##### **5. Training of CMOs and ACMOs**

All Chief Medical Officers (CMOs) and Additional Chief Medical Officers (ACMOs) were to undergo training before the deadline to ensure smooth execution of the new registration system.

##### **6. Awareness & Public Communication**

The order stressed the need for wide publicity of the new rules so that all clinical establishments could be informed and register on time.

##### **7. Standards for Registration**

- **For small establishments (less than 50 beds):** Registration will initially be granted based on compliance with essential norms such as fire safety, biomedical waste management, and manpower adequacy.
- **For large establishments (50 beds or more):** All standards developed by the National Council under the Act will be applicable.



### Significance of the Implementation

The decision marks a **major reform in healthcare governance** in Uttar Pradesh. It aims to:

- Ensure **uniform standards** across all clinical establishments.
- Improve **patient safety** through compliance with fire, biomedical waste, and hygiene norms.
- Strengthen **accountability and transparency** in healthcare services.

With this step, Uttar Pradesh aligns itself with the national mandate of bringing all healthcare providers under a regulated framework, ensuring better service delivery and public trust.

[To Read the Detailed Article Click Here.](#)

**Dr. Layeeq Ahmad Ansari**  
Deputy C.M.O, Bareilly

## Fire Safety Regulations for Hospitals: A Critical Step for Patient and Staff Safety

Hospitals are dedicated to saving lives, but in the absence of proper precautions, they can also become highly vulnerable during a fire. To prevent such tragedies, the government has made it compulsory for every hospital, whether private or government, to obtain a **Fire Safety No Objection Certificate (NOC)** from the fire department. This certificate is necessary for both the functioning of hospitals and the renewal of their registration.



The rules focus on maintaining proper hospital infrastructure and emergency preparedness. Buildings must be constructed with fire-resistant materials and should have safe exit routes, staircases, and emergency doors that remain free of obstruction. Hospitals are also required to install smoke detectors, fire alarms, and sprinkler systems to ensure early detection and control of fire. Along with this, fire extinguishers, hydrants, and hose reels should be placed at appropriate locations and regularly checked for functionality.

Equally important is staff training and emergency readiness. Hospitals must conduct **regular fire drills**, display **clear exit signage**, and ensure **backup power supply** for fire-fighting systems. Compliance is strictly monitored, with fire NOCs to be renewed periodically. Surprise inspections by fire authorities can also be conducted, and failure to comply may lead to penalties, cancellation of licenses, or even closure of the hospital.

The significance of these rules is clear: hospitals serve vulnerable groups such as patients on ventilators, children, and the elderly, who cannot evacuate on their own. Fire safety ensures not only the protection of lives and property but also builds public trust in healthcare institutions. In short, fire safety in hospitals is both a legal obligation and a moral duty.

### Key Points in Brief:

- **Fire NOC mandatory** for hospital registration and renewal.
- **Fire safety infrastructure** like alarms, sprinklers, and extinguishers must be installed.
- **Emergency exits** must be accessible with proper signage.
- **Staff training and fire drills** are compulsory & **Periodic renewal and inspections** ensure compliance.



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### Importance of Fire Safety in Hospitals

Hospitals house vulnerable groups including patients on life support, children, and the elderly. Fire incidents in hospitals can cause devastating loss of life and property. Strict adherence to fire safety regulations ensures:

- Protection of lives and infrastructure.
- Preparedness during emergencies.
- Enhanced trust of patients and public in healthcare institutions.

### Conclusion

Fire safety in hospitals is not merely a legal obligation but a moral responsibility. By complying with the fire safety rules, hospitals can create a secure environment where the focus remains on saving lives, not risking them.

[To Read the Detailed Article Click Here.](#)

**Dr. Layeeq Ahmad Ansari**  
Deputy C.M.O, Bareilly

## How to Pay House Tax to Nagar Nigam Bareilly

Paying house tax in Bareilly has been simplified thanks to the Nagar Nigam's online property management system. Residents can search their property, review tax calculations, raise objections if needed, and pay dues—all online, without visiting municipal offices.



### Step-by-Step Payment Process

#### Step 1:

Open Google in your web browser and search for "Nagar Nigam Bareilly" to access the official website of Bareilly Nagar Nigam (<https://nagarnigambareilly.com>).

#### Step 2:

Click on the first result to enter the portal. Here, you will find a range of citizen services including property tax management.

#### Step 3:

Select the property tax section on the homepage, typically labeled as **"PAY YOUR PROPERTY TAX"** or within the "Online Service Portal."

#### Step 4:

To locate your property records, use the "Search Property" function. You may search using:

- **Property UID**
- **Existing Property ID**
- **Owner Details**
- **Zone/Ward/Mohalla**

#### Step 5:

Select "By Existing ID" and enter your current property tax ID. Click "Search." The portal will return your property





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listing if it exists in their records.

### Step 6:

Review your property details as shown in the portal. If everything matches, proceed and click on the “Survey Notice / Property Details” link to view a detailed breakdown, including the ARV (Annual Rental Value) calculation, demand bill, and history.

### Step 7:

Download your property’s details for reference. If the information is incorrect, follow the online instructions to file an objection with supporting documents (like your property registry or layout map).

### Step 8:

If all details are correct, click "Pay Tax" and follow the payment prompts to securely settle your dues online. The portal supports payment receipts and ledger reviews.

### Important Contacts

**Helpline:** For support, call 9258753633 or the toll-free number 18001803817 for any property tax-related assistance.

### Formula for Annual Rental Value (ARV)

The ARV is crucial for calculating the payable property/house tax. The formula, as illustrated in the uploaded image, varies for residential and non-residential (such as hospitals) properties.

#### For Residential Properties

$$\text{Carpet Area} \times 12 \times \text{Rate} \times 80\% = \text{ARV} \times 22\%$$

#### Where:

- **Carpet Area:** Usable area within the property (in sq. ft)
- **Rate:** Standard rate per sq. ft/month as fixed by Nagar Nigam Bareilly
- **80%:** Standard deduction factor applied
- **12:** Number of months in a year
- **22%:** Tax rate applied on A

#### For Hospitals (Non-Residential Use)

$$(\text{Open Space} \times 12 \times 3 \times \text{Rate} + 2\%) + (\text{Carpet Area} \times 12 \times 3 \times \text{Rate} + 2\%) = \text{ARV} \times 22\%$$

Where both the open space and carpet area are considered with specific multipliers and rates.

#### Notes

- **Always use official portals** and double-check property details before making payments.
- The calculation formula ensures fairness and standardization for all property owners. Keeping documents like registry copies can help quickly resolve disputes or submit objections.



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For further clarification, refer to the Bareilly Nagar Nigam helpline or the detailed breakdown as provided in your property survey notice.

This guide ensures a smooth property tax payment experience and demystifies the ARV calculation essential for annual assessments.

**BAREILLY NAGAR NIGAM**

**GET 10% DISCOUNT ON YOUR CURRENT BILL**

**Time is money! Save Time. Pay Your Tax Online!**

<https://ptms-citizen.nagamigambareilly.com>

**Important Notices**

- उत्तर प्रदेश नगर निगम (आगरा विह और विकास) का विनयन) निगरवली 2024 की अधिसूचना संख्या-1464-नै-9-2024-ई-1824896
- Public Notice regarding Revised Fee Registration of Pet Animals By Bareilly Nagar Nigam
- नगर आयुक्त महोदय द्वारा प्रतिनिधित्वन आदेश
- Proposed Tax Assessment List Year 2023-2024
- Bareilly Nagar Nigam November 2024 Newsletter
- Bareilly Nagar Nigam October 2024 Newsletter
- Bareilly Nagar Nigam September 2024 Newsletter
- Bareilly Nagar Nigam August 2024 Newsletter
- Bareilly Municipal Corporation Grievance Cell Telephone No.

**PAY YOUR PROPERTY TAX**

**PAY PROPERTY TAX** Get 10% Rebate on Current Demand-2025-26 only

Feel free to contact us for property search related assistance.

[To Read the Detailed Article Click Here.](#)

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